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SATURDAY | MAY 4, 2019 | 8:00 A.M.

6940 Beach Blvd.

**SUBMIT A PROJECT** 

**VOLUNTEER** •

**SPONSOR** 

For more information

www.BuenaPark.com



# BuenaPark BuenaPark CityNewsBP

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Buena Park Today is an official publication presenting news about the City and its services.

The newsletter is distributed to residents four times a year.

Please send comments or questions to:

• city@buenapark.com • City of Buena Park, 6650 Beach Blvd., Buena Park, CA 90622

Attn: City Manager's Office • or contact the City at (714) 562-3550

Find us at Facebook.com/CityofBuenaPark • Follow us at Twitter.com/BuenaParkCA Instagram.com/CityofBuenaPark • Watch us on YouTube.com/CityofBuenaPark



#### City Council

Arthur C. Brown • Mayor Fred R. Smith • Mayor Pro Tem Sunny Youngsun Park • Council Member

Dr. Elizabeth Swift • Council Member Connor Traut • Council Member

Regular Council meetings are held on the 2nd and 4th Tuesdays of the month at 5 p.m. in the Council Chamber, 6650 Beach Blvd.

City Council meetings are open to the public.

#### City Manager

City Manager • Jim Vanderpool

#### City Hall

6650 Beach Boulevard :: Buena Park :: CA 90622-5009 City Hall is open to the public Mondays through alternate Fridays 3/1, 3/15, 3/29, 4/12, 4/26, 5/10, 5/24/19 7:30 a.m. - 5:30 p.m.

Phone: (714) 562-3500 Email: city@buenapark.com

Website: www.BuenaPark.com

#### City Departments

The City of Buena Park is dedicated to providing superior, responsive services that improve and enhance the community and the quality of life.

Animal Control (SEAACA)(714) 562-3647
Building Dept(714) 562-3636
City Clerk(714) 562-3751
City Hall (General)(714) 562-3500
City Manager(714) 562-3551
Code Enforcement(714) 562-3642
Community Development(714) 562-3611
Community Services (Rec. & Parks)(714) 562-3860
Convention & Visitors Bureau(714) 562-3560
Economic Development(714) 562-3586
Finance Dept. (Water Billing)(714) 562-3721
Fire (Orange Co. Fire Authority - General Info)(714) 573-6000
Human Resources(714) 562-3515
Graffiti Removal(714) 821-8658
Police Dept. (24/7 Dispatch Line)(714) 562-3902
Police Dept. (Watch Commander)(714) 562-3935
Public Works (Admin.)(714) 562-3670
Senior Activity Center(714) 236-3870
Street/Tree Maintenance(714) 562-3655
Trash Disposal (EDCO)(714) 522-3577
Passport Services(714) 562-3758

#### City Closures

Monday, May 27, 2019.....Memorial Day

For additional information please visit us at www.BuenaPark.com or call City Hall at (714) 562-3500.

# CityNewsBuenaPark BuenaPark



Catch the wave and help end the fight against the disease that takes too much!

# Wave Goodbye To Cancer Now

**Event:** American Cancer Society Relay for Life Walk and Fundraiser

Date: June 1 - 2, 2019 (stop by or stay the entire time)

**Location:** Buena Park Junior High School Track,

6931 Orangethorpe Ave., Buena Park

Has your life been touched by cancer? If so, take action in the fight against this disease by attending the American Cancer Society's (ACS) Relay for Life North West (NoW) annual fundraiser. At this 24-hour event, you'll unite with others from the Buena Park, La Palma, Anaheim, Fullerton and La Habra communities to celebrate cancer survivors, remember those lost, and raise much-needed funds for the ACS.

Ongoing activities include walking in the relay individually or as part of a team,

Hawaiian-inspired fun and other entertainment, and purchasing food and merchandise from vendors. There will also be scheduled activities throughout the event.



#### Saturday, June 1

9 a.m. Opening

ceremonies

9:20 a.m. Survivor and caregiver first lap around the track

9:30 a.m. Team spirit lap

9:45 a.m. Survivor breakfast honoring the brave individuals who fought

cancer and won

9 p.m. Luminaria remembrance ceremony featuring personalized lanterns

lining the track

#### Sunday, June 2

7 a.m. Scrumptious pancake breakfast

8 a.m. Closing ceremonies

Parking is available in the Buena Park Junior High School's front main lot. For more information, or to donate or register for a team, visit www.relayforlife.org/now; contact Alice Burnett, Event Lead, at (310) 200-9589; or visit the ACS website at www.cancer.org.



# BuenaPark BuenaPark CityNewsBP

# Fourth Annual "Love Buena Park" Event Takes Place May 4, 2019



Want to be part of a city-wide movement that is transforming the community? On May 4, 2019, you'll have the opportunity to join hundreds of your neighbors to volunteer for the annual "Love Buena Park" service day.

At this once-per-year event, more than 800 volunteers from all areas of the community unite to complete projects that support residents, service organizations, and the City as a whole.

"Love Buena Park" projects change each year with the immediate need, but have included:

- Revitalizing neighborhood houses
- Beautifying yards and other landscaped areas
- Cleaning up local school yards and youth service buildings
- Prepping and painting small structures
- Repairing fencing and other wood structures
- Helping seniors and others in need with small projects
- Picking up trash in neglected areas
- Distributing food or hygiene kits to the homeless
- Participating in a food drive
- Dozens of other supportive activities

#### Want to Be Part of the 2019 "Love Buena Park" Team?



Continued on page 43

Join
volunteers in
community support
activities on this
annual city-wide
service day.

# BPCityNewsBuenaPark BuenaPark

Buena Park's
popular Youth
Summer Sports Camp
is held at the
Community
Gymnasium.

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Youth Summer Sports Camp Begins

June 3, 2019

# Register early to reserve your spot!

Hey parents! Want your 7- to 14-year-olds to stay engaged in active sports, leisurely games or other activities this summer? Then drop them off at Buena Park's popular Youth Summer Sports Camp held at the Community Gymnasium.



Camp participants can expend summer energy playing team sports, including basketball, kickball and dodgeball, then relax with board games and movies. Camp also features a cooling trip to the Peak Park Municipal Pool on Tuesday afternoons, and an optional fieldtrip to the Big Air Trampoline Park on Thursday afternoons for an extra fee.

Register early to hold your spot and avoid long lines on the first day of camp. Sessions are held Monday – Friday, 8 a.m. to 5 p.m. Full-day sessions are \$74 a week, and half-day sessions are \$37 a week. Fees include a camp t-shirt and transportation to fieldtrips.

The Community Gymnasium is located at Buena Park Junior High School, 6931 Orangethorpe Ave., Buena Park. For more information, please see the brochure's Gymnasium section, www.BuenaPark.com, or call (714) 562-3860.



# BuenaPark BuenaPark City News BP

# Teens: Looking for a Summer Job?

Attend the free VOLT Interview Workshop



**When:** Saturday, March 16, 2019, from 9 a.m. to 12 p.m.

**Where:** Buena Park Community Center, 6688 Beach Blvd.

Summer is an excellent time for teens to join the workforce. To help them get started, the Volunteer Opportunities and Leadership for Teens (VOLT) program is hosting its annual interview workshop focusing on essential job search and preparation skills. Hundreds of teens have benefitted from the program's informative instruction.

"The interview workshop provided me with invaluable experience and networking that has continued to benefit me years later, both in my professional and personal relationships," says former VOLT member Corina Rios.

At this engaging workshop, teens will learn more about the following:

- How to search for jobs
- Create and proof a resume/application before hitting "send"
- Prepare for an interview and dress in professional attire
- Incorporate the do's and don'ts of social media into the workplace
- Frequently asked questions

Ready to sign up? **Register early by calling (714) 562-3852.** Space is limited to 60 participants. Refreshments will be served. Find more information about VOLT's interview workshop or the program in the VOLT section of this brochure, at www.BuenaPark.com, or call **(714) 562-3852**.

The City of Buena Park encourages your participation and involvement! Why not consider volunteering to serve on a commission or committee?

Just fill out the form with your interests and information. Then return it to our City Clerk.

...receive the
satisfaction of helping
your fellow citizen,
and improving your
community.

### Join the Team!

**Our community prides itself on citizen involvement.** Volunteer as a citizen member on one of the City's committees, commissions, or boards. By volunteering, you will receive the satisfaction of helping your fellow citizens, improving the community, and contributing to efficient municipal service.

#### I am interested in serving on the following commission(s):

- ☐ Beautification-Environmental Comm. ☐ Citizens Advisory Committee
- ☐ Cultural and Fine Arts Commission
- ☐ Parks & Recreation Commission
- ☐ Planning Commission
  ☐ Senior Citizens Commission
- ☐ Traffic & Transportation Comm.

#### ☐ I currently serve on the \_\_\_\_\_\_ commission.

Most commissions meet once a month in the evening and require applicants to be Buena Park residents. For more information on commission duties, activities and meeting schedule, please visit www.BuenaPark.com, or call our City Clerk, Adria Jimenez, at (714) 562-3754.

☐ I've lived in Buena Park for \_\_\_years ☐ I've worked in Buena Park for \_\_\_ years Name\_\_\_\_\_Address

City\_\_\_\_\_\_State\_\_\_\_\_Zip Code\_\_\_\_

Briefly state why you wish to serve on a commission or committee and describe your qualifications. Be specific. (Use additional paper, if necessary.)

| ------

Signature:\_\_\_\_\_\_Date:\_\_\_\_\_

Return this form to:

Office of the City Clerk - City of Buena Park - 6650 Beach Blvd. - Buena Park, CA 90622 or email your response to: ajimenez@buenapark.com

# BPCityNewsBuenaPark BuenaPark

# Spring Cleaning: Time to Toss!

Dispose of bulky items, motor oil and electronics for FREE

City residents
can schedule up
to three free refuse
pickups per year
(some restrictions
apply).

apply).

BOLL

BOL



#### **Bulky Items**

Buena Park offers residents a safe and convenient way to dispose of oversized and bulky items. The City's refuse contractor – Park Waste and Recycling – will pick up items, such as appliances, water heaters, televisions, scrap metal, furniture and more, when placed at the curb. Residents can schedule up to three free pickups per year (some restrictions apply).

To arrange a pickup, call **Park Waste and Recycling** at **(714) 522-3577** at least three business days prior to the normal trash collection day. Up to six items will be accepted. Items should be placed curbside with the trash containers the night before the scheduled day. A separate truck will collect the items.

This service is available to residential refuse customers only. Commercial and multi-family customers with drop-off bins should contact Park Waste and Recycling about large and bulky item pickup options.

#### **Used Oil and Filter Disposal**

Used motor oil and oil filters can be picked up at your home for free. Please call **Curbside**, **Inc.**, at **(800) 449-7587** to schedule the collection. These items can also be dropped off at the following locations:

- O'Reilly's Auto Parts 5305 Beach Blvd.
- Lube Express 6812 Beach Blvd.
- Buena Park Nissan 8501 Auto Center Dr.
- Power Toyota 6400 Beach Blvd.
- Simpson Buick/GMC 6600 Auto Center Dr.
- Shelly BMW 6750 Auto Center Dr.
- Firestone Tires 6011 Orangethorpe Ave.
- Certified Tire and Service Center 7960 La Palma Ave.

#### **Proper Disposal of Electronics**

Please deliver unwanted televisions and computer devices to Silicon Salvage at 1500 N. Dale St. (corner of Page and Dale), Monday through Friday from 8 a.m. to 3:30 p.m. This is a free service provided by Silicon Salvage.

#### **Hazardous Items**

Hazardous chemicals including paint, thinners, solvents, pesticides and liquid wastes cannot be picked up. For information on the safe and lawful disposal of these substances, please call the **Orange County Household Hazardous Waste Hotline** at **(714) 834-6752.** 

# BuenaPark BuenaPark City News BP

# Aquatics Registration Goes Online Sign up early: Swim classes fill fast!

Learning to swim is super cool, especially when it's hot outside. And now, signing up for lessons is easier than ever. Beginning Saturday, May 18, 2019, swim registration goes online for the first time through <a href="https://www.BuenaPark.com/BPRecOnline">www.BuenaPark.com/BPRecOnline</a>. In-person registration is still available beginning Saturday, May 25, 2019, at Peak Park Municipal Pool. All swim registrations are accepted in the order received until classes are filled or begin.

What's offered? Group and private swim instruction in a variety of styles and levels of experience. Classes include: Parent "N" Me (10 mo. – 4 yrs.), Beginning Preschoolers (4 – 5 yrs.), Beginning and Advanced Youth (6 – 17 yrs.), Adult Beginner (18+ yrs.), fitness and sport classes, and more.

You can also cool off during our recreational swim season held Memorial Day, May 27 through Labor Day, Sept. 2, 2019. Admission is free on Memorial Day, then \$1.50 for adults and \$1 for children. Pool locations include Peak Park Municipal Pool, Boisseranc Park Pool, and Brenner Park Wading Pool (6 yrs. & under).

For additional information, please check the brochure's Aquatics section, contact the Buena Park Community Services Department at **(714) 562-3860**, or visit www.BuenaPark.com.



Signing up for swimming lessons is easier than ever with online registration starting May 18.



Register ONLINE with your VISA, American Express, MasterCard or eCheck.

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# BPCityNewsBuenaPark BuenaPark

# 7 Tips to Reduce Outdoor Pesticide Use



Pesticides can protect your yard and garden from pests, but did you know they can also harm aquatic life? After pesticides have been sprayed outside a home, runoff from sprinklers and rain can wash residue into the street, gutters and eventually into our waterways. The pesticides are then mixed into the water where they decrease oxygen, and kill fish and aquatic plants.

According to the University of California Division of Agriculture & Natural Resources (UC ANR), it's best to use pesticides as part of a balanced pest control program, not the sole source.

Long-term pest prevention using natural resistance techniques can help keep critters away from your home and garden, and harmful chemicals out of our water.

Use pesticides as part of a balanced pest control program, combined with natural resistance techniques.

UC ANR recommends practicing the following tips at home:

- 1. Monitor the presence of pests and their damage
- 2. Alter your home or garden environment to deprive pests of food, water and shelter
- 3. Keep pests out by using barriers, screens and caulk
- 4. Plant pest-resistant or well-adapted plant varieties, such as native plants
- Discourage various pests by modifying the way you design, irrigate, fertilize, and manage your garden
- 6. Squash, trap, or wash off pests
- 7. Encourage beneficial insects, such as beetles, to live in your garden





Visit <a href="http://ipm.ucanr.edu/default.html">http://ipm.ucanr.edu/default.html</a> for detailed information on how to prevent pests at your home, and <a href="https://h2oc.org">https://h2oc.org</a> for ways to keep our waterways clean and safe.



### Special Programs



#### SPRING EGGSTRAVAGANZA

#### & PANCAKE **BREAKFAST**

Co-Sponsored by the Buena Park Noon Lions Club

Saturday, April 20, 2019 Breakfast starts at 8:00 a.m. Activities begin at 9:00 a.m. **BOISSERANC PARK, 7520 Dale St.** 



Come be part of the Egg-citement this Spring at Buena Park Community Services' very special Eggstravaganza. Actitivies



Come early and join us for a special Pancake Breakfast starting at 8:00 a.m. sponsored by the Noon Lions Club.

include entertainment, bounce houses, children's crafts, field games, relays, a petting zoo, a visit with the Bunny and of course, the candy scramble that starts at 12:00 noon!



## PARKS & PLAYGROUND PROGRAM

#### May 28- August 2, 2019

This is a free, drop-in program open to the public. Daily activities are planned for children 6 through 12 years of age and include arts and crafts, games, sports and special events. The sites listed below are open Monday through Friday, 12:00 – 4:00 p.m.

Programs will be closed on July 4 and 19 and on Special Park Happening days.

Smith- Murphy Park 5290 Cameron Dr. 7171 8th St. George Bellis Park Carl Brenner Park 7373 San Rafael William Peak Park 7225 El Dorado Dr. Boisseranc Park 7520 Dale St. San Marino Park 6200 San Rolando Cir. Larwin Park 6150 Ball Rd.

**Ehlers Community Center** 8150 Knott Ave.

#### PARK HAPPENING DAYS

All programs are closed on these special free "Park Happening" days. Children, parents and groups are invited. (LARGE groups are asked to call in advance with approximate attendance figures. Please call 714-562-3860. All events are held at Peak Park. Events begin at 12 Noon.

PICASSOS IN THE PARK JUNE 20 WACK-O-LYMPICS JUIY 11 THE GREAT SPLASH **AUGUST 1** 

#### PARENTS NIGHT OUT

Fee: \$10.00 (per Friday evening per child) 5:30 - 9:30 p.m. Ages 4-10 yrs

Parents and Kids! Are you both looking for something to do on a Friday night? Parents...Wish you had someone to watch your kids while you did something for yourself? Kids...Need a fun break from Mom and Dad? Join our Recreation Staff for a whole lot-a-fun on Friday evenings! Each event is programmed around a theme and is jam-packed with crafts, games, and more! Participants are encouraged to participate by dressing up in matching clothing or costumes. Dinner and snacks are provided!

#### **EHLERS EVENT CENTER (8150 Knott Ave.)**

Course # 10132	March 15	Luck of the Irish
Course # 10133	March 29	Goofy Game Shows
Course # 10134	April 26	Art Mania
Course # 10135	May 10	Mad Scientist
Course # 10136	May 24	Out of this World
Pre-registration	is required and	can be done in-pe
at the Buena	Park Community	Center or online
	1.1	VUCA MAACTEDO

erson e at www.BuenaPark.com with your VISA or MASTERCARD. Parents will be required to complete an emergency card when dropping off their child. Participants will only be released to individuals who appear on the card.

#### V.O.L.T.

#### **VOLUNTEER OPPORTUNITIES &** LEADERSHIP FOR TEENS

This program is available for teens, ages 13-17, who are looking to develop their leadership skills and assist the community during their free time. Each participant will have a chance to volunteer for our City-run programs all year long.

Volunteer opportunities for VOLT members include assisting with Youth Sports leagues and classes, Fine Arts productions, and City-Wide special events and more.

UPCOMING EVENTS: Mark your calendar for Saturday, March 16 for the Interview Workshop for Teens! This workshop will include tips on answering common interview questions, guidance on creating a resume, and examples of what to wear to the interview. You will not want to miss this opportunity!

More information is available on www.BuenaPark.com. Call (714) 562-3860 for more information.

Meeting Dates: April 9, May 7, June 4



### FINE ARTS



#### JAZZ AT THE PLAZA

Friday, April 26, 2019, 7:00pm Ehlers Event Center, 8150 Knott Ave \$21

The City of Buena Park proudly presents JAZZ AT THE PLAZA! This live concert will take place in the city's beautiful outdoor theatre, The Plaza. Beer, wine, soft drinks, and light refreshments will be available for purchase. For information, contact the Community Services Department at (714)562-3860 or visit our website www.BuenaPark.com

#### SUMMER CONCERTS IN THE PARK

7:00pm, Every Wednesday
June 5- July 10: Boisseranc Park

Free to the Public!

July 17- August 21: Buena Park Downtown

Every year, the City of Buena Park hosts a series of six free outdoor concerts at Boisseranc Park and Downtown Buena Park. Food and drinks will be available to purchase. Summer Concert Series bands are being confirmed at press time. Please visit www.BuenaPark.com for updates.

#### **BOYS N' BERRIES SQUARE DANCE CLUB**

First Saturday of each month, \$8 per night 7:30pm Rounds, 8:00pm Squares, Singles are welcome!

Experienced singles and families are welcome. Join us for the club dance held on the first Saturday of the month at 7:30 p.m.

For information call Sharlene at (714) 895-2997 or Jan at (714) 229-9623 or visit www.boysenberries.org

# 18TH ANNUAL HIGH SCHOOL ART SHOW

The City of Buena Park invites all high school students grades 9-12, who live in Buena Park and its surrounding cities, to participate in the 18th Annual High School Art Show. The High School Art show will be showcased in City Council Chamber from March 7 – April 4, 2019. The awards ceremony will be March 15,

2019 in Council Chamber at

The show will be judged in several media categories; oil/acrylic, watercolor, ink, charcoal/lead pencil/pastel and photography. Not open to after school art programs or private instruction classes.



#### **Submission Requirements**

Artwork must be matted and/or mounted on matboard, poster board, or construction paper for support. Canvas and frames must have wiring on the back and be ready to hang. Work that is not matted, mounted or wired will not be accepted.

Artwork will be accepted between February 15, 2019 through March 1, 2019 by 5:00pm at the following location:

**Buena Park Community Center** 

**6688 Beach Blvd. in Buena Park. Open Monday – Thursday 7:30am-5:30pm and alternating Fridays** (consult the City Hall calendar on <a href="https://www.BuenaPark.com">www.BuenaPark.com</a> for office closures)

#### BUENA PARK COMMUNITY CHORUS

The Buena Park Community Chorus is looking for new members 18 or over, to join their performing group. The Chorus rehearses Wednesday evenings, from 7:00 to 9:30 p.m. at the Senior Activity Center, Ehlers Event Center, 8150 Knott Ave. Chorus dues are \$8.00 per month, for 10 months. For more information, please contact Marge Rollins at (714) 523-1635 or visit www.BuenaPark.com.

# COMMUNITY CHORUS SUMMER CONCERTS

Saturday, June 23, 2019, 3:00 p.m. \$10 Tickets

Ehlers Event Center, 8150 Knott Ave., Buena Park



### FINE ARTS

#### **EXHIBITING ARTISTS**

The goal of the City of Buena Park's Exhibiting Artist Program is to nurture working relationships and partnerships between artists, presenters, arts organizations, and the greater Buena Park community. Exhibitions are held every six to eight weeks at the Buena Park City Hall Council Chamber.

City Hall Council Chamber, 6650 Beach Blvd., Buena Park

City Hall Hours: 7:30 a.m. – 5:30 p.m. Monday – Thursday & alternating Fridays

Viewing is by appointment only; please call the Fine Arts Division

at (714) 562-3868 to confirm viewing availability.



#### CALLING ALL YOUNG TALENT!

The Buena Park Youth Theater is gearing up for their next show! Be sure to audition if you're interested in joining the show!

Buena Park Youth Theatre provides students the opportunity to participate in performing in two major stage musicals each year. Over 2400 young people have participated in full-length productions such as: Peter Pan, Oklahoma, Into the Woods, Guys and Dolls, and many more. Visit <a href="https://www.BuenaPark.com">www.BuenaPark.com</a> for complete audition information and this year's show selection.

Buena Park Youth Theatre Casting Call 8150 Knott Ave., Buena Park (714) 236-3870

Saturday, March 2 and Sunday, March 3 Cast (ages 9-18) 10am and 1pm Juniors (ages 5-8) 9am



# CHILDREN'S ARTS FESTIVAL & EARTH DAY YOUTH ART SHOW

Saturday, April 13, 2019
12:00-5:00 p.m. Free!
Buena Park Community Center, 6688 Beach Blvd.
(Between Stanton and Beach at Pinchot Court, behind City Hall)

The Children's Arts Festival provides a wonderful opportunity for parents and children to enjoy a day discovering the arts together. Hands-on art activities, live music, and much more provide a delightful celebration of the rich cultural traditions that thrive in our own backyards! In honor of Earth Day, festival activities will focus on being kind to our planet, so craft projects will incorporate found and recycled objects easily found in the home.

In conjunction with the annual Children's Arts Festival, the Earth Day Youth Art Show is a one day exhibit at the event showcasing artwork from students of Buena Park and surrounding cities. Your child or student will be able to share their work with the community. Students are encouraged to create art pieces that celebrate the Earth or raise awareness about environmental issues.

Artwork submissions will be accepted Monday, March 18 through Wednesday, April 8 by 5:00 p.m. at the Buena Park Community Center 6688 Beach Blvd. in Buena Park. Open Monday – Thursday 7:30am-5:30pm and alternating Fridays (consult the City Hall calendar on www.BuenaPark.com for office closures)

Prizes will be awarded to the place winners in each grade level and all artwork will be on display at the festival. For more information on both events, please visit <a href="https://www.BuenaPark.com">www.BuenaPark.com</a> or call the Fine Arts Division at **(714) 562-3868.** 



# Aquatics



# PEAK PARK MUNICIPAL POOL AND BOISSERANC PARK POOL

Peak Park Pool, located at 7225 El Dorado Dr. and Boisseranc Park Pool, located at 7520 Dale St. will be open Memorial Day, May 27 through Labor Day, September 2. For program information call the Community Services Department at **(714) 562-3860** prior to pools opening and **(714) 562-3874** beginning May 27.

#### RECREATIONAL SWIMMING

Admission: \$1.50 - Adults \$1.00 - Youth

**MAY 27 - AUGUST 10** 

Monday-Sunday

Session 1 12:30-2:15pm Peak & Boisseranc

Session 2 2:45-4:30pm Peak

2:45-4:15pm Boisseranc

Tuesday & Thursday

Session 3 6:30-7:30pm Peak

#### **AUGUST 11 - SEPTEMBER 2**

Saturday-Sunday

Session 1 12:30-2:15pm Peak & Boisseranc

Monday-Sunday

Session 2 2:45-4:30pm Peak

2:45-4:30pm Boisseranc (Sat. & Sun. ONLY)

Monday-Friday

Session 3 5:00-7:00pm Peak

CHILD CARE groups are welcome but must make prior arrangements by calling the Community Services Department as soon as possible at **(714) 562-3860**.

#### **BRENNER PARK WADING POOL**

7373 San Rafael

May 27 - August 9

Monday-Friday, 1:00-4:00pm

FREE ADMISSION - Open to parents with children 6 years & under. CHILD CARE groups must make prior arrangements.

#### YOUTH SWIM LESSONS

9 Classes Fee: \$42.00

Swim classes meet for five days the first week and four classes the second week for 30 minutes each day.

Classes offered include Parent "N" Me, beginning preschoolers, and beginning to advanced youth. Classes may have up to 12 participants.

Mornings: 9:40am 10:15am 10:50am 11:25am Evenings: 4:45pm 5:20pm 5:55pm 6:30pm

#### PRIVATE SWIM LESSONS

9 Classes Fee: \$137.00

Swimmers of all ages can benefit from individualized instruction. Instructors will assess the participant's skill level and develop a custom curriculum for the lesson. 1 or 2 participants per lesson. Lessons must be completed within session dates.

#### SCHEDULE OF SESSIONS

Session	Class Dates
1	June 3 – June 13
2	June 17 – June 27
3	July 1 – July 12 (No Class July 4)
4	July 15 – July 25
5	July 29 – August 8
6	August 12 – 22 (afternoon classes only)

#### ADULT SWIM LESSONS

8 Classes Fee: \$42.00

Groups swim classes for adults meet twice a week for four weeks. Two different classes are offered: Aqua Aerobics, a fun and up-beat water workout, and Adult Beginner, a great way to learn the basics of swimming. Participants are encouraged to wear proper swimming attire (goggles and swim cap optional) and bring a towel and water bottle.

Classes take place on Monday and Wednesday evenings from 6:30-7:05pm beginning June 3.

#### REGISTRATION

All registration is taken on a first come, first served basis until the class begins.

Register for all classes online at www.BuenaPark.com or at Peak Park Pool. Online registration for session 1 will begin on May 18 and in person registration for session 1 will begin on May 25. For more information call the Buena Park Community Services Department at (714) 562-3860.

#### POOL RENTALS

Information about how to reserve one of the pools for your group can be found on <a href="https://www.BuenaPark.com">www.BuenaPark.com</a>. We began accepting all pool rental applications for the summer months in February so book your summer party today! Call (714) 562-3860 for availability.

# YOUTH & ADULT SPORTS





#### 2019 P-NUT BASEBALL

Fee: \$40.00

#### Register February 4 through March 21, 2019

This program is for boys and girls ages six to seventeen and emphasizes participation and teamwork. Every child is placed on a team and always plays the entire game. Family involvement is encouraged and those interested in coaching may apply during the registration period. The season begins mid-April and finishes on the Great P-Nut Picnic Day, July 20. Youth child's age as of May 1, 2019 will be his/her playing age. Register online at www.BuenaPark.com or in person at the Buena Park Community Center, located at 6688 Beach Blvd. A BIRTH CERTIFICATE IS REOUIRED FOR ALL NEW PARTICIPANTS!

#### Baseball Skills Testing - Saturday, March 23

Course #10124	Ages 13-17	9:00-10:00am
Course #10121	Ages 11-12	10:00-11:00am
Course #10123	Ages 9-10	11:00am-12:00pm
Course #10122	Ages 6-8	12:30-2:00pm

Skills Testing is held at Boisseranc Park, 7520 Dale St. Please bring your baseball glove. Registration will NOT be accepted at Skills Testing.

#### **Make-up Testing Dates as follows:**

Ages 9-12	Tuesday, March 26	5:00pm
Ages 6-8	Wednesday, March 27	5:00pm
Ages 13-17	Thursday, March 28	5:00pm

#### PEEWEE BASEBALL CLINIC

6 Weeks Fee: \$30.00

#### Register February 4 to May 16, 2019

This six week program is designed to teach boys and girls the FUN-damentals of baseball skills such as throwing, catching, hitting, fielding and running, under the supervision of a Community Services staff coach. Participants must be four or five years of age by May 1, 2019. No skills testing required. This clinic will meet twice a week (Mon/Wed or Tues/Thurs) from 5:00 to 5:45p.m.Participants will be contacted the first week of June. Register online at www.BuenaPark.com. Program begins June 10.

# ALL CITY/SCHOOLS YOUTH TRACK AND FIELD MEET

Friday, April 12 Buena Park High School 8833 Academy Drive Check in at 4:00 p.m. Event Begins at 5:00 p.m.

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FREE for girls and boys who live

in Buena Park or go to school in the Centralia or Buena Park School Districts. Registration is required and can be submitted to your Buena Park or Centralia District School, or at the Buena Park Community Services Department.

Registration accepted now through March 27, 2019. Registration will not be accepted on the day of the event.

#### **ADULT SPORTS**

#### 5 ON 5 ADULT BASKETBALL LEAGUE

**Fee:** \$370 per team plus \$30 official's fee per game

\$60 refundable forfeit fee due prior to start of season Sunday night leagues are available all year long at the Community Gym. Teams must register in advance to guarantee their spot. Each season will consist of 8-10 games plus playoffs if eligible. There's a \$370 league and \$60 refundable forfeit fee due before the league begins. An official's fee of \$30 cash is due at each game. This league is for players 18 and over and 6'4" and under. Each team will be required to designate a team captain. The team captain will be responsible for the conduct of his teammates. Refunds will not be awarded after the season has started.

Registration for league is by appointment only. Please call **(714) 562-3858** for more information.

#### SLO-PITCH SOFTBALL LEAGUES (ADULT)

**Fee:** \$390 per team, plus official's fee of \$11 per game. The city offers softball leagues year round at Boisseranc Park, Located at 7520 Dale St. Each season runs 10 weeks plus playoffs. Fee includes game softballs and awards for first and second place teams.

Men's leagues are offered on Tuesdays and Thursdays. Coed leagues are offered on Mondays and Fridays. Each night offers an upper and lower division. For league information, call **(714) 562-3860.** 

#### WE NEED COACHES!!

Our Youth Sports programs all depend on volunteer coaches. If you're interested in coaching you can contact the Youth Sports office at **(714) 562-3856**.

#### YOUTH SPORTS OFFICIALS WANTED!

Applications for Youth Sports Officials are accepted on a continuous basis and are needed for Soccer and P-Nut Baseball. For more information please contact the Youth Sports Office at the Buena Park Community Center at **(714) 562-3856**.



# BUENA PARK COMMUNITY GYMNASIUM

#### **REGISTRATION**

Registration can be completed online at www.BuenaPark.com. This is a fast and convenient way to sign up for gymnasium activities. To register in person, please visit the Buena Park Community Center, 6688 Beach Blvd. during regular office hours, Monday-Thursday, 7:30 a.m. - 5:30 p.m. (Closed every other Friday) Registration for gymnasium programs will also be accepted at the Buena Park Community Gymnasium, 6931 Orangethorpe Avenue during regular gym hours. Cash, check or credit cards accepted. Adult Basketball League registration is accepted by appointment only.

For more information on how to register for gym programs please call **(714) 562-3860**. The Gymnasium Weekly Calendar is available at www.BuenaPark.com.

#### LITTLE STARS PARENT & ME CLASS

6 Weeks (Ages 2-3 yrs) Fee: \$27.00

Kids will be introduced to the exciting sports of baseball, soccer, flag football, volleyball, and basketball as well as other sports related games. This class will give kids the opportunity to interact with other kids their age in a fun and friendly atmosphere. Parents are required to participate alongside their Little Stars! No equipment is required. Comfortable clothing is suggested.

(No class March 30, April 20, May 4, June 1, June 29)

**Instructor: Gymnasium Staff** 

Course # 10160 Mar. 23-May 18 Saturday 9:00-9:50am Course # 10188 May 25-July 13 Saturday 9:00-9:50am

#### LITTLE STARS MULTI SPORT CLASS

6 Weeks (Ages 3-5 yrs) Fee: \$27.00

Running the bases, throwing a football and scoring a soccer goal are just a few of the basic skills your child will learn during this class. Kids will also learn the value of teamwork as they interact with their fellow participants. Parents are required to stay for the entire session. No equipment is required. Comfortable clothing is suggested. (No class March 30, April 20, May 4, June 1, June 29)

Instructor: Gymnasium Staff

Course # 10161 Mar. 23-May 18 Saturday 9:00-9:50am Course # 10187 May 25-July 13 Saturday 9:00-9:50am

#### LITTLE STARS BASKETBALL CLASS

6 Weeks (Ages 5-6 yrs) Fee: \$27.00

Kids will learn the fundamentals of basketball during this fun and exciting class. Staff instructors will carefully work with each child to help them develop their basketball skills and will promote the concept of teamwork. Parents are required to stay for the entire session. No equipment is required. Comfortable clothing is suggested. (No class March 30, April 20, May 4, June 1, June 29)

Instructor: Gymnasium Staff

Course # 10162 Mar. 23-May 18 Saturday 9:00-9:50am Course # 10186 May 25-July 13 Saturday 9:00-9:50am



#### ORGANIZED PLAY-BASKETBALL (COED)

4 Weeks Fee: \$37.00

This is an introductory course designed to emphasize the fundamentals of basketball. Experienced staff will cover essential elements of the game such as footwork, conditioning, ball handling and shooting. Teamwork and sportsmanship will also be highlighted by the instructors. Parents will even be invited to participate on the last day of class! Participants are not required to bring any equipment but are strongly encouraged to wear comfortable clothing and sneakers. (No class November 29 and

December 25)

#### Instructor: Gymnasium Staff

**April 14 – May 9** 

Course # 10156	Mon/Wed	7-10yrs	5:00-6:00pm
Course # 10157	Mon/Wed	11-14yrs	6:00-7:00pm
Course # 10159	Tues/Thurs	7-14yrs	6:00-7:00pm
May 13 – June 6			
Course # 10189	Mon/Wed	7-10yrs	5:00-6:00pm
Course # 10190	Mon/Wed	11-14yrs	6:00-7:00pm
Course # 10191	Tues/Thurs	7-14yrs	6:00-7:00pm

#### ORGANIZED PLAY-VOLLEYBALL (COED)

4 Weeks (Ages 7-14 yrs) Fee: \$37.00

Boys and girls will learn the fundamentals of volleyball through a variety of drills and exercises. This is a terrific way to introduce your child to the game of volleyball. Instructors will work with each child to make sure the are reaching their full potential. All equipment is provided by the City but participants are encouraged to bring a water bottle to each class. This four-week course meets twice a week. Parents are encouraged to sign their kids up for consecutive sessions so that staff may have the opportunity to adapt to each child's skill level as they progress. Parents are required to sign their child in and out each class.

#### **Instructor: Gymnasium Staff**

April 16 - May 9

Course # 10158 Tues/Thurs 7-14yrs 5:00-6:00pm

May 14 – June 6

Course # 10192 Tues/Thurs 7-14yrs 5:00-6:00pm

## BUENA PARK COMMUNITY GYMNASIUM



#### **GYMNASIUM RESERVATIONS**

The gym is available for basketball and volleyball reservations and is perfect for groups looking to run organized practices or friendly pick-up games. Up to two standard volleyball courts or two smaller sized basketball courts can be used at one time. A single standard sized basketball court can also be setup.

All reservations must be requested at least 14 days in advance by an individual or group. Organized groups may be required to provide proof of non-profit status and liability insurance. For availability and fees, please call **(714) 562-3860**.

#### DROP-IN BASKETBALL (COED)

**Fee:** \$1.00 per person per visit (17 & under) \$2.00 per person per visit (18 & older)

Lace up your sneakers and drop by the gymnasium on Sundays for a friendly game of pick-up basketball. Staff will run organized, timed games during drop-in play where players can sign up individually or as a team. Registration is not required for this program. Drop-in times are subject to change.

Visit www.BuenaPark.com for exact schedule.

March 24 - May 26

Sunday 7:00-10:00am (full-court games)

#### DROP-IN VOLLEYBALL (COED)

**Fee:** \$1.00 per person per visit (17 & under) \$2.00 per person per visit (18 & older)

Come join us at the gym on Tuesday evenings for fun and competitive games of pick-up volleyball. This program is for all ages. Equipment is available for checkout at the gym with the use of a driver's license. There is no fee for checking out equipment. Registration is not required for this program. Drop-In times are subject to change. Visit <a href="https://www.BuenaPark.com">www.BuenaPark.com</a> for exact schedule.

#### March 26 - May 28

Tuesday 7:00-9:30pm

All drop-in participants are subject to the following rules while visiting the gymnasium:

- Players must pay the drop-in fee before they are eligible to sign up for a game.
- No profanity will be allowed.
- Players refusing to follow the rules or cooperate with staff will be asked to leave.
- Private instruction and organized practices are not permitted during drop-in hours.

Register ONLINE with your VISA, American Express, MasterCard or eCheck.

#### YOUTH SUMMER SPORTS CAMP

1 Week (Ages 7-14yrs) Fee: \$74.00/week-Full Day \$37.00/week-Half Day

Instructor: Gym Staff Monday – Friday June 3– July 26 (No camp July 4)

This camp is designed to keep kids active throughout the day but will include quiet activities such as movie time and a limited amount of free play for board games and similar activities. Camp also includes 1 trip to the Peak Park Pool on Tuesday afternoons! Transportation will be provided to the pool where kids will enjoy a free swim session while being supervised by our finest lifeguards and staff.

Summer Camp features a trip to the Big Air Trampoline Park at Buena Park Mall. \*This is an optional field trip. Additional cost per participant is \$13 and is payable at registration. A separate waiver for Big Air Trampoline Park is required.

\*Summer Camp fieldtrips are subject to change

Registration will be accepted online or in person at the Buena Park Community Center. Participants may also register at the Buena Park Community Gym during regular operating hours. Call **(714) 562-3860** for additional information.

- Electronic devices are prohibited.
- Parents are required to complete an Emergency Contact Form on the first day of camp.
- NO refunds will be given after camp has started.
- Tennis shoes are required.
- No skirts or dresses permitted and comfortable clothing is recommended.
- Children are required to bring a sack lunch and a light snack each day.
- For a complete list of rules and parent forms, please visit www.BuenaPark.com.





## PRE-SCHOOL FUN

#### MOTHER GOOSE PLAY SCHOOL

#### (Tiny Tots and Pre-K classes only)

This kindergarten prep class will focus on cognitive communication, personal and social development and honing their fine motor skills that enable them to hold a pencil and sensory motor skills as well. It incorporates learning how to cut, print their name and theme-related homework that follows a curriculum called ZooPhonics. This pre-reading curriculum shows the class how to identify the sound and name of each letter with some fun movements. With lots of theme-based activities, your child will gain the confidence and know how to tackle new and interesting things. According to the Parent Co-op arrangement, parents are required to assist in the classroom at least 2 days during the session. This approach is designed to encourage parental involvement in the child's education and provide tips on how to help their child as they grow in school. A \$5 supply fee is payable to the instructor on the first day of class. Your child may enroll in this class if they will be turning 4 years old by March 31, 2019.

#### **TINY TOTS**

4 Weeks Fee: \$80.00

This fun-filled class for your preschooler includes games, stories, crafts, and other activities. Session 1 children will learn about the life cycle of the butterfly. We watch our classroom caterpillars turn into butterflies and let them fly! 2nd session we will learn about sea life. We'll make a rainbow fish, a splashy whale, an octopus and more. We always have fun with theme related crafts, puppets, games, and activities. Instructor Mabelle Gonzales incorporates basic counting, shapes, and colors into the curriculum with a focus on the importance of play. These activities promote growth in the areas of social, cognitive, physical, and emotional development. A \$5 supply fee will be payable to the instructor on the first day of class. Please bring a sack lunch. Classes are held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### Instructor: Mabelle Gonzales

April 1 – Apri 24			
Course # 10268	Mon/Wed	3-4yrs	9:00-11:00am
April 29 – May 22			
Course # 10269	Mon/Wed	3-4yrs	9:00-11:00am

REGISTRATION for classes begins March 4, 2019.

Be sure to REGISTER for classes EARLY to help us determine if there is sufficient enrollment to hold a class.

#### MOMMY, DADDY & ME PLAY SCHOOL

#### 5 Weeks Fee: \$50.00

This class is a great way to introduce your child to a preschool environment. Children will enjoy theme-related crafts, music, stories, snack time and interacting with other children. \$5 supply fee payable to the instructor. Classes are held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### **Instructor: Mabelle Gonzales**

March 22 – April 19						
Course # 9934	Friday	16mos-3yrs	9:30-10:30am			
April 23 – May 21	April 23 – May 21					
Course # 10270	Tuesdays	16mos-3yrs	9:30-10:30am			
May 3 – May 31						
Course # 10271	Friday	16mos-3yrs	9:30-10:30am			

#### PRE-KINDERGARTEN

4 Weeks Fee: \$80.00

This fun-filled class for your preschooler includes games, stories, crafts and other activities. Insects and other creepy Crawley things, watch a Caterpillar turn into a butterfly, have a snail race and paint butterflies! In the next session we want to learn about sea life come swim with us as we make a rainbow fish, octopus, whale and a shark and see a beautiful sea star glisten and shine! Homework will be given in correlation with the ZooPhonics curriculum. A \$5 supply fee is payable to the instructor on the first day of class. Bring a sack lunch. Classes held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### **Instructor: Karen Hayhurst**

April 1 – April 25			
Course # 10287	Mon/Wed	3-5yrs	12:00-2:00pm
Course # 10288	Tues/Thurs	3-5yrs	12:00-2:00pm
April 29 – May 23			
Course # 10289	Mon/Wed	3-5yrs	12:00-2:00pm
Course # 10290	Tues/Thurs	3-5yrs	12:00-2:00pm



## Pre-School Fun





#### PARENTING WITH PATIENCE

1 Day Fee: Single \$25.00 Fee: Couple \$40.00

Parenting can be hard and we are here to help. This workshop is designed to help you creatively and effectively develop a loving and productive relationship with your child. Learn how to teach more and punish less. Help your child develop positive self-esteem and continue having fun with your child while still remaining firm. Class offered to be taken by a single parent or both parents. Class held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### **Instructor: Karen Hayhurst**

April 10			
Course # 10291	Wednesday	Single	9:00-10:00am
Course # 10292	Wednesday	Couple	9:00-10:00am
April 11			
Course # 10293	Thursday	Single	9:00-10:00am
Course # 10294	Thursday	Couple	9:00-10:00am
May 15			
Course # 10295	Wednesday	Single	9:00-10:00am
Course # 102965	Wednesday	Couple	9:00-10:00am
May 16			
Course # 10297	Thursday	Single	9:00-10:00am
Course # 10298	Thursday	Couple	9:00-10:00am

#### ART INNOVATOR'S PRESCHOOL

5 Weeks Fee: \$60.00

Unleash your little one's power to create! Learning to draw independently will refine their motor skills and boost their confidence like never before! Students explore various subjects and art media each week. A \$5 material fee is payable to the instructor. Class held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### Instructor: Art Innovators Instructor

March 19 – April 16					
	Course # 10264	Tuesday	3.5-5yrs	2:00-2:45pm	
	April 23 – May 21				
	Course # 10265	Tuesday	3.5-5yrs	2:00-2:45pm	

#### KIDS LOVE MUSIC: BABIES!

5 Weeks Fee: \$70.00

Musical bonding time for you and your baby! (4 -14 months old, not yet walking). Learn lap songs, peek-a-boo songs and active chants. Explore rhythm and sound with shakers and drums. Your baby gains motor skills, building blocks for tonal memory, cognitive development, and fun with you! Please bring a baby blanket. Adult participation is required. Class held at CYPRESS COMMUNITY CENTER, 5700 Orange Ave.

**Instructor: Karen Greeno** 

March 21 - April 18

Course # 10178 Thursday 4-14mos 3:30-4:00pm

#### KIDS LOVE MUSIC: TODDLERS!

5 Weeks Fee: \$70.00

A good class for first-timers! Sing, dance and play rhythm instruments with your 1-2 year old toddler! Explore making music with drums and pentatonic xylophones and glockenspiels. Your child gains tonal memory, motor skills, cognitive development – and fun with you in this shortened version of the Kids Love Music class! Adult participation required. Class meets at CYPRESS COMMUNITY CENTER, 5700 Orange Ave.

**Instructor: Karen Greeno** 

March 21 - April 18

Course # 10179 Thursday 1-2yrs 4:15-4:45pm

#### KIDS LOVE MUSIC!

5 Weeks Fee: \$70.00

Come sing, dance and play with your 1-4 year old! Spark your child's imagination with animal puppets and rhythm instruments! Explore making music with drums and pentatonic xylophones and glockenspiels! Your child gains tonal memory, motor skills, cognitive development all while bonding with you! Adult participation is required. Class held at CYPRESS COMMUNITY CENTER, 5700 Orange Ave.

Instructor: Karen Greeno

March 21 – April 18

Course # 10180 Thursday 1-4yrs 5:00-5:45pm

#### MINI STARS – PARENT & ME

9 Weeks Fee: \$95.00

If you have never attended a parent-tot class, this will be an unforgettable experience. This delightful class is set-up for children to be introduced to gymnastics as parents assist in the learning process. Participants will enjoy increased physical activity, stretching, discipline and an incredible opportunity for parent and child bonding. Class held at the WEST ANAHEIM YOUTH CENTER, 320 S. Beach Blvd.

**Instructor: YMCA Gymnastic Staff** 

March 23 - May 26 (No class April 20, 21)

 Course # 10146
 Saturday
 18mo-3yrs
 9:05-9:50am

 Course # 10147
 Sunday
 18mo-3yrs
 10:50-11:35am



## Pre-School Fun



#### PARENT & ME ICE SKATING

4 Weeks Fee: \$38.00

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. Includes skate rental, 30 minute lesson, free practice on the day of class (Tuesday 3:10-4:40pm and Saturday 12:00-2:00pm), and three additional skating passes to be used during the 4-week session. Please arrive 20 minutes early to the 1st class and dress warm (gloves or mittens recommended)! Class held at WESTMINSTER ICE, 13071 Springdale Ave.

#### **Instructor: Ice Arena Staff**

March 26 – April 27 (No class April 16, 20)						
Course # 10299	Tuesday	3-5yrs	4:10-4:40pm			
Course # 10300	Saturday	3-5yrs	11:15-11:45am			
April 30 – June 1 (No class May 22, May 25)						
Course # 10301	Tuesday	3-5yrs	4:10-4:40pm			
Course # 10302	Saturday	3-5yrs	11:15-11:45am			

#### ICE SKATING FOR TOTS

4 Weeks Fee: \$38.00

Beginning ice skating made fun and easy! Includes skate rental, 30 minute lesson, free practice on day of class (3:00-5:00pm for Wednesday class and 12:00-2:00pm for Saturday class), and three additional skating passes to be used during the 4 week session. Please arrive 20 minutes early to the first class and dress warm (gloves or mittens recommended). Class held at WESTMINSTER ICE, 13071 Springdale Ave.

#### **Instructor: Ice Arena Staff**

March 27 – April 27 (No class April 17, 20)					
Course # 10305	Wednesday	3-5yrs	5:10-5:40pm		
Course # 10306	Saturday	3-5yrs	10:15-10:45am		
May 1 – June 1 (No class May 22, 25)					
Course # 10307	Wednesday	3-5yrs	5:10-5:40pm		
Course # 10308	Saturday	3-5yrs	10:15-10:45am		

#### MOMMY/DADDY & ME SOCCER

8 Weeks Fee: \$107.00

Introduce your toddler to the world's most popular sport! As you participate together in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are a part of the action. Each child receives a Kidz Love Soccer jersey! Class held at OAK KNOLL PARK, 5700 Orange Ave., Cypress.

**Instructor: Kidz Love Soccer Staff** 

April 13 - June 8 (No class May 25)

Course # 10204 Saturday 2-3.5yrs 5:00-5:30pm

#### TOT/PRE SOCCER

8 Weeks Fee: \$107.00

Enjoy running and kicking just like the big kids! Learn the basic techniques of the game while building self-esteem and learning to follow instructions in a nurturing teaching environment. Each participant receives a Kidz Love Soccer jersey. Shin guards are required after the first meeting. Class held at OAK KNOLL PARK, 5700 Orange Ave., Cypress.

**Instructor: Kidz Love Soccer Staff** 

April 13 - June 8 (No class May 25)

Course # 10205 Saturday 5yrs 4:15-4:50pm



# Pre-School Fun / Dance





#### **FUN AT THE FARM**

4 Weeks Fee: \$85.00

Have fun at the farm! Riding horses! Crafts. Meet new friends! Learn about farm animals! Sing songs! Parent participation. A \$25 material fee is payable to the instructor. All participants are required to wear closed toe shoes and bring a bike helmet. Class held at EL RODEO STABLES, 4449 Carbon Canyon Rd., Brea.

#### **Instructor: Fun with Horses Staff**

April 12 – May 3			
Course # 10247	Friday	2-6yrs	10:00-11:00am
May 10 – May 31			
Course # 10248	Friday	2-6yrs	10:00-11:00am

#### HORSE FUN FOR PRESCHOOLERS

4 Weeks Fee: \$85.00

Get your boots on and come to the barn! Learn how to ride horses! Haltering, groom, saddle, basic horsemanship and safety are introduced! A \$25 material fee is payable to the instructor. All participants are required to wear closed toe shoes and bring a bike helmet. Class held at EL RODEO STABLES, 4449 Carbon Canyon Rd., Brea.

#### **Instructor: Fun with Horses Staff**

April 13 – May 4			
Course # 10245	Saturday	3-6yrs	10:00-11:00am
May 11 – June 1			
Course # 10246	Saturday	3-6yrs	10:00-11:00am

#### WEBBY CREATIVE DANCE & BALLET

7 Weeks Fee: \$56.00

Webby classes introduce children to basic ballet and dance skills. Classes include use of fun props such as maracas, pom poms, and age appropriate music and movements. Children will work on strength coordination and flexibility all in a fun and positive environment. Class held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### **Instructor: Webby Dance Company**

April 8 – May 20			
Course # 10321	Monday	2½-4yrs	4:20-5:05pm

#### WEBBY BALLET & TAP COMBO

7 Weeks Fee: \$56.00

Webby class will introduce children to basic ballet and tap skills through use of fun props, across the floor exercises and fun dance routines. We provide age appropriate music and movements and children will benefit by working on coordination and flexibility all while in a fun and creative environment. Class held at EHLERS EVENT CENTER, 8150 Knott Ave.

**Instructor: Webby Dance Company** 

April 8 – May 20

Course # 10322 Monday 4-6yrs 5:05-5:50pm

#### WEBBY BEGINNING BALLET

7 Weeks \$56.00

Class will introduce your child to the fundamentals of ballet technique. Class will begin with a traditional ballet warm up and will include across the floor technique, stretching and ballet dance skills like plie, passe and all 5 positions. Children will work on strength, coordination and flexibility and will benefit from learning body awareness and dance technique all in a fun and loving environment. Class held at EHLERS EVENT CENTER, 8150 Knott Ave.

**Instructor: Webby Dance Company** 

**April 8 – May 20**Course # 10323 Monday 6-9yrs 5:50-6:30pm

#### **BELLY DANCE**

6 Weeks Fee: \$50.00

Belly Dance your way into perfect shape as you learn to move with elegance and grace. Shimmy off the calories, strengthen core muscles and increase flexibility. No previous dance experience necessary. For more information visit www.anoushbellydance.com. Classes held at EHLERS EVENT CENTER, 8150 Knott Ave.

Instructor: Anoush

April 17 – May 22

Course # 10145 Wednesday 12+yrs 7:30-8:30pm

#### POLYNESIAN KEIKI

5 Weeks Fee: \$45.00

Aloha kakou (Greetings all!) Keiki Polynesian Dance will help develop coordination and confidence for boys and girls alike. Activities include practice in Hawaiian language, chanting/singing, playful basics for footwork and hand motions for Hawaiian and Tahitian choreography. Students should wear comfortable clothes and bring a pareo (sarong or wrap). Class held at CYPRESS SENIOR CENTER, 9031 Grindlay St.

Instructor: Leiali'inani Staff

March 21 – April 18						
Course # 10374	Thursday	4-8yrs	6:30-7:15pm			
April 25 – May 23						
Course # 10375	Thursday	4-8yrs	6:30-7:15pm			



# Dance

#### **BEGINNING ADULT HULA**

5 Weeks Fee: \$50.00

Aloha kakou (greetings all)! Adult Hula focuses on basic footwork and hand motions, timing, integrating Hawaiian language and applying basics to Hula. This class helps you develop as a dancer, gain a deeper understanding on Hula and gives you opportunities to learn lei making and costumes for shows (optional). Students should wear comfortable clothes. All skill levels are welcome. Music material fee is \$2. Class held at CYPRESS SENIOR CENTER, 9031 Grindlay St.

#### Instructor: Leiali'inani Staff

March	19 –	April	16

Course # 10343 Tuesday 15+yrs 7:30-8:30pm **April 23 – May 21** 

Course # 10344 Tuesday 15+yrs 7:30-8:30pm

#### MAILE - INTERMEDIATE KEIKI

5 Weeks Fee: \$45.00

Aloha kakou (greetings all)! Intermediate Keiki focuses on basic footwork and hand motions, timing, integrating Hawaiian language and preparation for performances (optional). Students should wear comfortable clothes. All skill levels are welcome. Music material fee is \$2. Class held at CYPRESS SENIOR CENTER, 9031 Grindlay St.

#### Instructor: Leiali'inani Staff

March 19 – April 16					
Course # 10376	Tuesday	7-11yrs	6:30-7:30pm		
April 23 – May 21					
Course # 10377	Tuesday	7-11yrs	6:30-7:30pm		

#### **POLYNESIAN TEEN & BOYS**

5 Weeks Fee: \$45.00

Intermediate/Advanced Polynesian dance class for Tweens and Teens. Class will focus on basic footwork and hand motions, timing, integrating Hawaiian language and applying basics to Hula. This class helps you develop as a dancer, gain a deeper understanding on Hula and gives you opportunities to learn lei making and costumes for shows (optional). Students should wear comfortable clothes and bring a pareo (sarong or wrap). Class held at CYPRESS COMMUNITY CENTER, 5700 Orange Ave.

#### Instructor: Leiali'inani Staff

March 20 – April 17					
Course # 10378	Wednesday	11-16yrs	8:30-9:15pm		
April 24 – May 22					
Course # 10379	Wednesday	11-16yrs	8:30-9:15pm		

Be sure to REGISTER for classes EARLY to help us determine if there is sufficient enrollment to hold a class.



#### INTERMEDIATE ADULT HULA

5 Weeks Fee: \$50.00

Intermediate adult Hula class will focus on basic footwork, hand motions, timing, integrating Hawaiian language and applying basics to Hula. This class helps you develop as a dancer, gain a deeper understanding on Hula and gives you opportunities to learn lei making and costumes for shows. Students should wear comfortable clothes. \*\*Instructor approval required. Class held at Class held at CYPRESS COMMUNITY CENTER, 5700 Orange Ave.

#### Instructor: Leiali'inani Staff

March 20 – April 17					
Course # 10345	Wednesday	17+yrs	8:00-9:00pm		
April 24 – May 22					
Course # 10346	Wednesday	17+yrs	8:00-9:00pm		

#### **ADULT HULA - ADVANCED\*\***

5 Weeks Fee: \$50.00

This class is designed for the adult who has progressed from previous classes, they will learn advanced techniques and choreography; covering the full range of Polynesian dance arts, use implements and oli (Hawaiian chants). \*\*Instructor approval required. Class held at CYPRESS COMMUNITY CENTER, 5700 Orange Ave.

#### Instructor: Leiali'inani Staff

March 20 – April 17					
Course # 10347	Wednesday	17+yrs	7:00-8:00pm		
April 24 – May 22					
Course # 10348	Wednesday	17+yrs	7:00-8:00pm		

#### BEGINNING TAHITIAN DANCE

4 Weeks Fee: \$50.00

Dance to the rhythm of the islands. We will take you on an exciting island style journey as you learn basic footwork, hip movements, and hand gestures of the graceful art of Tahitian dance. No previous experience needed. Class held at CYPRESS COMMUNITY CENTER, 5700 Orange Ave. Class held at CYPRESS COMMUNITY CENTER, 5700 Orange Ave.

#### Instructor: Leiali'inani Staff

March 6 – March 27					
Course #10349	Wednesday	13+yrs	7:30-8:30pm		
April 3 – April 24 (	No Class May 1)				
Course #10350	Wednesday	13+yrs	7:30-8:30pm		
May 8 – May 29					
Course #10351	Wednesday	13+yrs	7:30-8:30pm		

# Dance / Youth Fitness



6 Weeks Fee: \$36.00

Learn to dance for all occasions in this exciting dance class. Students will be instructed in two dances of their choice: Cha Cha, Waltz, Swing, Tango, Salsa or Foxtrot. Singles welcome, no partner required! Class held at the CYPRESS SENIOR CENTER, 9031 Grindlay St.

#### **Instructor: Janet Karter**

April 15 - May 20

Course # 10210 Monday 18+yrs 8:30-9:30pm

#### LINE DANCE

6 Weeks Fee: \$36.00

This class is sure to bring out the country in you! You will leave feeling comfortable enough to line dance at parties or local clubs. Come out and meet new people, no partner required. Class held at CYPRESS SENIOR CENTER, 9031 Grindlay St.

#### **Instructor: Janet Karter**

April 15 - May 20

Course # 10208 Monday 18+yrs 6:30-7:30pm

#### 2-STEP/SWING

6 Weeks Fee: \$36.00

Get your feet movin'! Learn East Coast Swing moves and 2-step patterns. No partner required. Class held at the CYPRESS SENIOR CENTER, 9031 Grindlay St.

#### Instructor: Janet Karter

April 15 - May 20

Course # 10209	Monday	18+yrs	7:30-8:30pm
Course # 10148	Saturday	3-4yrs	9:05-9:55am
Course # 10149	Sunday	3-4yrs	10:50-11:40am

#### LITTLE STARS

9 Weeks Fee: \$95.00

Expand your child's choices by enrolling him or her in Pre-School gymnastics. All of these classes teach children self-discipline, basic skill development, and build your child's self esteem in a fun and happy atmosphere. Students will be introduced to common gymnastics apparatus. Class is held without parent participation. Apparatus include: balance beam, bars, vault, trampoline and floor. Class held at the WEST ANAHEIM YOUTH CENTER, 320 S. Beach Blvd.

#### **Instructor: YMCA Gymnastic Staff**

#### March 23 - May 26 (No class April 20, 21)

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Course # 10148	Saturday	3-4yrs	9:05-9:55am
Course # 10149	Sunday	3-4yrs	10:50-11:40am

# REGISTRATION for classes begins March 4, 2019.



#### **BEGINNING STARS**

9 Weeks Fee: \$95.00

Students will definitely enjoy this course where moving towards higher levels of gymnastics ability is fun and exciting. In an enthusiastic learning environment, this class will provide self-discipline, enhance physical strength and build self-confidence. Apparatus includes floor, balance beam, bars, and vault. Class held at the WEST ANAHEIM YOUTH CENTER, 320 S. Beach Blvd.

#### **Instructor: YMCA Gymnastic Staff**

#### March 23 - May 26 (No class April 20, 21)

Course # 10150 Saturday 5-8yrs 10:00-10:50am Course # 10151 Sunday 5-8yrs 11:45am-12:35pm

#### **INTERMEDIATE STARS**

9 Weeks Fee: \$95.00

Is your gymnast ready to take it to the next level? Intermediate stars will build on the basics of Beginning Stars to enhance your child's gymnastics skill and physical strength. Apparatus include: floor, balance beam, bars and vault. Classes held at the WEST ANAHEIM YOUTH CENTER, 320 S. Beach Blvd.

#### **Instructor: YMCA Gymnastic Staff**

#### March 23 - May 26 (No class April 20, 21)

Course # 10152 Saturday 8-12yrs 10:00-10:50am Course # 10153 Sunday 8-12yrs 11:45am-12:35pm

#### **TUMBLING**

9 Weeks Fee: \$95.00

Does your child love to tumble or want to be a cheerleader? This course will teach kids the basics of forwards and cartwheels to advanced skills such as back walk-overs to back handsprings depending on skill level. An assessment will be done on the first day of class. Classes held at the WEST ANAHEIM YOUTH CENTER, 320 S. Beach Blvd.

#### Instructor: YMCA Gymnastic Staff

#### March 24 - May 26 (No class April 21)

Course # 10154 Sunday 6-17yrs 12:40-1:30pm



# Youth Fitness

#### **SOCCER 1: TECHNIQUES & TEAMWORK**

8 Weeks Fee: \$107.00

Players will learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Perfect for first time players while being fun and engaging for kids with some experience. All participants receive a soccer jersey! Shin guards are required after the first meeting. Class is held at OAK KNOLL PARK, 5700 Orange Ave.,

**Instructor: Kidz Love Soccer Staff** 

April 13 - June 8 (No class May 25)

3:30-4:15pm Course # 10206 Saturday 5-6yrs

#### **SOCCER 2: SKILLZ & SCRIMMAGES**

8 Weeks Fee: \$107.00

Kidz will have a great time while developing core soccer skills like: dribbling, passing and shooting in a team play format. Each class will include individual skill building and focus on scrimmages to develop teamwork and positional play. All levels are welcome to come enjoy the world's most popular game! All participants receive a soccer jersey! Shin guards are required after the first meeting. Class is held at OAK KNOLL PARK, 5700 Orange Ave., Cypress.

**Instructor: Kidz Love Soccer Staff** 

April 13 - June 8 (No class May 25)

Course # 10207 Saturday 7-10yrs 2:45-3:30pm

#### **BEGINNING ICE SKATING**

4 Weeks Fee: \$38.00

Learn to skate forward and backward, stop, hop, spin, and more! Includes skate rental, 30 minute lesson, free practice on day of class (3:10-4:10pm for Thursday class and 12:00-2:00pm for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 20 minutes early to the first class and dress warm (gloves recommended). Class held at WESTMINSTER ICE, 13071 Springdale Ave.

**Instructor: Ice Arena Staff** 

#### March 28 - April 27 (No class April 18, 20)

Course # 10309 Thursday 6-16yrs 4:10-4:40pm Course # 10310 Saturday 6-16yrs 10:45-11:15am May 2 - June 1 (No class May 23, 25) Course # 10311 Thursday 6-16yrs 4:10-4:40pm Course # 10312 Saturday 10:45-11:15am 6-16yrs

Register ONLINE with your VISA, American Express, MasterCard or eCheck.



#### ICE HOCKEY SKATING SKILLS

4 Weeks Fee: \$38.00

Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30 minute lesson, free practice on day of class (3:00-5:00pm for Wednesday class, and 12:00-2:00pm for Saturday class) and three additional skating passes to be used during the 4-week session. Please arrive 20 minutes early to the first class to fit skates and don't forget to dress warm. Class held at WESTMINSTER ICE, 13071 Springdale Ave.

**Instructor: Ice Arena Staff** 

Course # 10320 Saturday

March 27 – April 27 (No class April 17, 20)						
Course # 10317	Wednesday	6-16yrs	6:10-6:40pm			
Course # 10318	Saturday	6-16yrs	11:15-11:45am			
May 1 – June 1 (No class May 22, 25)						
Course # 10319	Wednesday	6-16yrs	6:10-6:40pm			
Course # 10320	Saturday	6-16yrs	11:15-11:45am			

#### INTERMEDIATE VOLLEYBALL

4 Weeks Fee: \$48.00

PASS, SET, HIT! Volleyball is back and better than ever! We take the science of learning and combine it with the art of coaching to help maximize your child's development in the fundamental skills of volleyball. This course is tailored to youth with volleyball experience. Balls will be standard weight and come at faster speeds in a more random nature. We strive to create a growth mindset and a culture of fun to foster your child's passion for the game! Classes are held at the COMMUNITY GYMNASIUM, 6931 Orangethorpe Ave.

Instructor: Westgrove Volleyball Staff

April 7 - April 28

Course # 10239 Sunday 11-14yrs 10:30am-12:00pm

May 5 – June 2 (No class May 19)

Course # 10240 Sunday 11-14yrs 10:30am-12:00pm

# MARTIAL ARTS



#### AIKIDO FOR KIDS

6 Weeks Fee: \$78.00

Aikido, a non-competitive, non-violent martial art for fostering both mind and body, increases confidence thru self-defense techniques and fitness. Classes include stretching and how to roll. Aikido is taught step-by-step so students learn in a simple and clear method. Students who qualify may test for ranks designed to prepare them for the adult class. Wear loose fitting sports clothing that cover knees, or a training uniform with a white belt. Class held at EHLERS RECREATION CENTER, 8150 Knott Ave.

#### Instructor: Oanh Rosenthal

April 15 - May 23

Course # 10234 Mon/Wed/Thurs 5-12yrs 5:30-6:30pm

#### **AIKIDO**

7 Weeks Fee: \$70.00

Unlike martial arts that teach how to fight, Aikido trains in how NOT to fight. This is a martial art that emphasizes resolution rather than confrontation. Techniques are based on flowing with the attack and dissipating aggression. Wear loose fitting sports clothing covering knees (no shorts), or a training uniform with white belt. Testing is through the Aikido Association of America and Aikido World HQ in Japan. Class held at EHLERS EVENT CENTER. 8150 Knott Ave.

#### **Instructor: James Nakayama**

#### April 15 - June 1 (No class May 27)

Course # 10236	Mon	13+yrs	6:30-8:00pm
	Wed	13+yrs	6:30-7:30pm
	Sat	13+yrs	9:30-10:30am

#### KARATE - PEE WEE TIGERS

6 Weeks Fee: \$22.50

Pee Wee Tigers introduces Karate to pre-school children. The class is comprised of three parts: warming up, workout and FUN! This class is designed to keep your child active and engaged for the entire 30 minutes. Discipline and polite behavior are also part of the class to help instill these qualities at an early age. Have your child wear comfortable and loose clothing. Shorts and T-shirts are the perfect attire. No additional fees or special attire are required. Classes meet Tuesday and Wednesday and are held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### **Instructor: Sensei Jeffrey Teets**

April 2 – May 8			
Course # 10253	Tues and Wed	3.5-5yrs	3:30-4:00pm
May 21 – June 26			
Course # 10254	Tues and Wed	3.5-5yrs	3:30-4:00pm

# REGISTRATION for classes begins March 4, 2019.



#### **KARATE – BEGINNING**

6 Weeks Fee: 1x per week \$49.50 2x per week \$60.00

Students will be taught a Japanese Martial Art with focus on its use for self defense. No previous knowledge is necessary. Wear clothing you can be active in and be prepared to be barefoot! Classes are held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### **Instructor: Sensei Jeffrey Teets**

April 2 – May 8				
Course # 10255	Tues or Wed	5+yrs	4:00-5:00pm	
Course # 10257	Tues and Wed	5+yrs	4:00-5:00pm	
May 21 – June 26				
Course # 10256	Tues or Wed	5+yrs	4:00-5:00pm	
Course # 10258	Tues and Wed	5+yrs	4:00-5:00pm	

#### KARATE - INTERMEDIATE

6 Weeks Fee: 1x per week \$49.50 2x per week \$60.00

This class is a continuation of Karate – Beginning class. Students must be yellow belt level to sign up for this class. Classes are held on Mondays and Wednesdays at EHLERS EVENT CENTER, 8150 Knott Ave.

#### **Instructor: Sensei Jeffrey Teets**

April 2 – May 8			
Course # 10259	Tues or Wed	5+yrs	5:00-6:00pm
Course # 10261	Tues and Wed	5+yrs	5:00-6:00pm
May 21 – June 26			
Course # 10260	Tues or Wed	5+yrs	5:00-6:00pm
Course # 10262	Tues and Wed	5+yrs	5:00-6:00pm



### Martial Arts



#### KIDS MIXED MARTIAL ARTS

4 Weeks Fee: \$89.99

Focus, fun, positivity, respect, self-discipline, courage, confidence. These are just the bare minimum that children will get from martial arts. It's a process of self-discovery, self-improvement, fun and physical fitness. We will personally help your child set attainable goals. Our kids emerge from the program changed for the better, and you'll smile as they grow through the teachings of martial arts. Classes are taught by Champion Master Professor, Victor Candal and his staff with over 34 years of experience. The first 5 students registered get a free gi. Classes are broken down by age group: Pee Wee (4-5yrs), Little Dragon (5-6yrs) and Kids MMA (8-12yrs). Classes held at CANDAL'S MARTIAL ARTS, 7034 Katella Ave., Stanton.

#### **Instructor: Victor Candal & Staff**

April 9 – May 2			
Course # 10155	Tues/Thurs	3-13 yrs	5:20-6:05pm
May 7 – May 30			
Course # 10163	Tues/Thurs	3-13 yrs	5:20-6:05pm

REGISTRATION for classes begins March 4, 2019.

Be sure to REGISTER for classes EARLY to help us determine if there is sufficient enrollment to hold a class.

#### BRAZILIAN JIU JITSU FOR KIDS AND TEENS

4 Weeks Fee: \$89.99

We focus on developing concentration, discipline, kindness, confidence and focus in a fun and supportive atmosphere. This class exposes youth and teens to one of the most effective martial arts, giving them the resources to realistically defend themselves through technique. Classes are taught by Champion Master Professor Victor Candal and his staff with over 34 years of experience. The first 5 students registered get a free gi. Classes held at CANDAL'S MARTIAL ARTS, 7034 Katella Ave., Stanton.

#### Instructor: Victor Candal & Staff

April 8 – May 3			
Course # 10164	Mon/Fri	6-18yrs	6:10-7:10pm
May 6 – May 31 (No	o class May 27)		
Course # 10165	Mon/Fri	6-18yrs	6:10-7:10pm

#### **BRAZILIAN JIU JITSU FOR ADULTS**

4 Weeks Fee: \$89.99

Get focused, get disciplined and gain confidence! You can do all of this while learning the most effective martial arts self-defense and getting in the best shape of your life. Submission is the name of the game in this class, and it is for the warrior or the beginner warrior in all of us. All levels welcome. Class is taught by Champion Master Professor Victor Candal and his staff with over 34 years of experience. First 5 students registered get a free gi. Classes held Monday, Wednesday and Friday from 7:10-8:30pm – patrons are only allowed to come 2x/week so please choose two days a week that best fits into your schedule. Classes held at CANDAL'S MARTIAL ARTS, 7034 Katella Ave., Stanton.

#### **Instructor: Victor Candal & Staff**

April 8 – May 3			
Course # 10166	Mon & Fri	16+yrs	7:10-8:30pm
May 6 – May 31 (No	o class May 27)		
Course # 10167	Mon & Fri	16+yrs	7:10-8:30pm



# MARTIAL ARTS





#### SPECIAL NEEDS MARTIAL ARTS

4 Weeks Fee: \$85.00

This training is a blend of Kung Fu and Brazilian Jiu Jitsu. Benefitting both the body and the mind, students will develop increased strength, balance and coordination while learning focus and discipline. Classes are structured, but not rigid and will promote self confidence and a sense of accomplishment. \*Thursday classes are intermediate level and require instructor approval. Class held at the BUENA PARK COMMUNITY CENTER, 6688 Beach Blvd.

#### **Instructor: Kristen Davidson**

#### April 3 - May 4 (No class April 10, 11, 13)

Course # 10170	Wednesday	4+yrs	4:30-5:30pm
Course # 10171	Wednesday	4+yrs	5:45-6:45pm
Course # 10172	Thursday *intermediate	4+yrs	4:50-6:00pm
Course # 10173	Saturday	4+yrs	9:00-10:00am
May 8 – June 1 (No	o class May 18)		
Course # 10174	Wednesday	4+yrs	4:30-5:30pm
Course # 10175	Wednesday	4+yrs	5:45-6:45pm
Course # 10176	Thursday	4+yrs	4:50-6:00pm
	*intermediate		
Course # 10177	Saturday	4+yrs	9:00-10:00am

Register ONLINE with your VISA, American Express, MasterCard or eCheck.

#### TAE-KWON-DO

4 Weeks Fee: \$45.00

Tae-Kwon-Do training has many benefits for children. Disciplines, self-confidence, ability to concentrate and to protect themselves are just a few advantages. Designed to provide children with a fun, active, and stimulating learning experience. The teaching aspects of Tae-Kwon-Do helps children build and improve confidence, coordination, focus, social skills, and have fun! A \$20 material fee is payable to the instructor. Class held at the BUENA PARK COMMUNITY CENTER, 6688 Beach Blvd.

#### Instructor: JB Cui

Apr	il 16 – May 9			
Coi	urse # 10370	Tues/Thurs	5-17yrs	4:00-5:00pm
May	14 – June 6			
Coi	urse # 10371	Tues/Thurs	5-17yrs	4:00-5:00pm

#### TAE-KWON-DO FOR ADULTS

4 Weeks Fee: \$45.00

Tae-Kwon-Do is a Korean martial art. Students will build on self-esteem, self-confidence, and self-defense. It is a great way to get in shape, you will find our program fun and challenging, and the benefits of training are rewarding! Each class features a combination of traditional forms, blocks, punches, kicks, self-defense, strength training, stretching, and sparing. Class held at the BUENA PARK COMMUNITY CENTER. 6688 Beach Blvd.

#### Instructor: JB Cui

April 18 – May 9			
Course # 10372	Thurs	18+yrs	5:30-7:00pm
May 16 – June 6			
Course # 10373	Thurs	18+yrs	5:30-7:00pm





## HEALTH & FITNESS



# KICKBOXING FOR SELF-DEFENSE AND FITNESS

4 Weeks Fee: \$89.99

This class is an intense workout but still fun and engaging. Students will learn punch and kick routines from various martial arts practices. These cardio drills will help you burn calories in addition to strength training and flexibility. Get ready to work up a sweat while having fun and learning a little bit of self-defense. Classes are held at CANDAL'S MARTIAL ARTS STUDIO, 7034 Katella Ave., Stanton.

#### **Instructor: Victor Candal & Staff**

April 9 – May 2			
Course # 10168	Tues/Thurs	13+yrs	7:30-8:30pm
May 7 – May 30			
Course # 10169	Tues/Thurs	13+yrs	7:30-8:30pm

#### INTRO TO JAPANESE SWORDSMANSHIP

7 Weeks Fee: \$60.00

This class focuses on the etiquette and basics of both contemporary and traditional Japanese sword forms. Students use an iaito (unsharpened sword – must be approved by instructor) or bokken (wooden sword). Swords are provided for beginners. Wear loose fitting sports clothing (no shorts), or a training uniform. Zazen (sitting meditation) is optional for students from 9:00 - 9:30 a.m. on Saturdays only. Class held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### Instructor: James Nakayama

April 17 – June 1						
Course # 10235	Wed	13+yrs	7:30-8:30pm			
	Sat	13+yrs	8:00-9:30am			

#### ICE SKATING FOR ADULTS

4 Weeks Fee: \$38.00

Learn to skate across the ice forward and backward, stop, hop, spin and more! Includes skate rental, 30 minute lesson, free practice on day of class (3:00-5:00 p.m. Wednesday and 12:00-2:00 p.m. Saturday), and three additional skating passes to be used during the 4-week session. Please arrive 20 minutes early to the first class and dress warm (gloves recommended). Class held at WESTMINSTER ICE, 13071 Springdale Ave.

#### **Instructor: Ice Arena Staff**

March 27 – April 27 (No class April 17, 20)						
Course # 10313	Wednesday	17+yrs	6:40-7:10pm			
Course # 10314	Saturday	17+yrs	10:15-10:45am			
May 1 – June 1 (No	o class May 22,	25)				
Course # 10315	Wednesday	17+yrs	6:40-7:10pm			
Course # 10316	Saturday	17+yrs	10:15-10:45am			

#### LOW IMPACT AEROBIC EXERCISE

6 Weeks Fee: \$20.00

Want to exercise but don't want to be an athlete? Come experience a complete body workout using simple easy controlled movements to upbeat music for a motivating workout. This cardio and floor exercise is combined to use, tone and strengthen your body while burning calories. Please wear appropriate shoes and bring an exercise mat, towel and water. Class held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### **Instructor: Linda Howlett**

April 15 – May 22						
Course # 10200	Monday	16+yrs	7:00-8:15pm			
Course # 10201	Wednesday	16+yrs	7:00-8:15pm			

#### LUNCHTIME CIRCUIT TRAINING

6 Weeks Fee: \$30.00

This class is an intermediate/fast-paced blend of weight training for muscle strengthening and toning arms, legs and abs, and cardio fitness for calorie burn. This class will jump start your metabolism. Discover your hidden strengths with this fast and efficient workout. Bring your own weights, towel and water. Class held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### Instructor: Vivian Jacinto

April 15 – May 24			
Course # 10352	Mon/Wed/Fri	18+yrs	12:00-12:45pm

Register ONLINE with your VISA, American Express, MasterCard or eCheck.

# HEALTH & FITNESS





#### **PILATES MAT**

Pilates Mat classes are low impact but deliver high results. Certified instructors will help you to improve your strength, flexibility, balance, coordination and total mind-body awareness. The class is total body conditioning with a focus on the core. Bring mat, towel, water and grip socks. Monday classes held at LOS ALAMITOS REC CENTER, 10911 Oak St., Thursday classes held at CYPRESS SENIOR CENTER, 9031 Grindlay St.

#### **Instructor: HB Pilates**

March 25 – April 29 \$84.00						
Course # 10194	Monday	16+yrs	6:00-7:00pm			
May 6 – June 3 (No	class May 27	<b>'</b> )	\$56.00			
Course # 10195	Monday	16+yrs	6:00-7:00pm			
March 25 – June 3	(No class May	<i>,</i> 27)	\$130.00			
Course # 10196	Monday	16+yrs	6:00-7:00pm			
March 28 – May 2			\$84.00			
Course # 10197	Thursday	16+yrs	6:30-7:30pm			
May 9 – June 6			\$70.00			
Course # 10198	Thursday	16+yrs	6:30-7:30pm			
March 28 – June 6			\$143.00			
Course # 10199	Thursday	16+yrs	6:30-7:30pm			

#### **PIYO**

6 Weeks Fee: \$30.00

2x per week \$45.00

PIYO is a workout that combines the practices of yoga and Pilates. It also incorporates stretching, strength training and dynamic movement to improve flexibility, balance and core stability. In addition, it relieves stress and provides a mild cardiovascular effect. Bring a mat to class. Class held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### **Instructor: Wendy Loveless**

Tuesday		10+yrs	6:00-7:00pm
Thursday		10+yrs	6:30-7:30pm
2x/week	Tues	10+yrs	6:00-7:00pm
	Thurs	10+yrs	6:30-7:30pm
	Thursday	Thursday 2x/week Tues	Thursday 10+yrs

#### **POLYNESIAN FITNESS**

5 Weeks Fee: \$25.00

Polynesian Fitness is an aerobic and body toning workout that incorporates Hula and Tahitian dance steps along with interval Tabata training. This effective workout is fun for all ages, great for all fitness levels and easy to follow. There are a limited number of yoga mats at the studio, so suggest bringing your own. Class held at CYPRESS SENIOR CENTER, 9031 Grindlay St.

#### Instructor: Leiali'inani Staff

March 19 – April 16						
Course # 10341	Tuesday	12+	8:30-9:15pm			
April 23 – May 21						
Course # 10342	Tuesday	12+	8:30-9:15pm			

#### STICK & MOVE MARTIAL ARTS

6 Weeks Fee: \$60.00

Come and experience the freedom of honest self-expression through the martial science. This class is incredibly fun and motivating. Students will learn various martial art forms such as boxing, Muay Thai and Kali. The goal is to bring about mental, physical and spiritual awareness through this ancient science. Class held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### Instructor: Guru Joe Jackson

April 15 – May 23)			
Course # 10358	Mon/Thurs	10+yrs	6:30-8:00pm
Course # 10359	Mon/Thurs	10+yrs	8:15-9:45pm

#### STRETCHING AND RELAXATION

6 Weeks Fee: \$30.00

Stretching and relaxation can improve posture, flexibility and range of motion, ease back pain, relieve stress, promote blood circulation and help you sleep better. This class offers you the chance to spend an hour releasing tension physically and mentally. Bring a yoga mat and wear comfortable clothes. Class held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### Instructor: Oanh Rosenthal

April 16 – May 21			
Course # 10244	Tuesday	13+yrs	7:00-8:00pm





## HEALTH & FITNESS

#### TAI CHI CHUAN

6 Weeks Fee: \$30.00

Tai Chi is one of the most popular forms of internal exercise practiced all over the world. It is known as a moving meditation and the most effective mind-body exercise. It's safe, easy to learn, sweat-free, but it also improves your physical condition, muscle strength, coordination, flexibility and balance. Class held at the EHLERS EVENT CENTER, 8150 Knott Ave.

**Instructor: Oanh Rosenthal** 

April 16 - May 21

Course # 10243 Tuesday 13+yrs 6:00-7:00pm

#### **BEGINNING T'AI CHI CHIH**

5 Weeks Fee: \$50.00

Reduce stress and experience peace within. A moving form of meditation based on ancient Chinese principles, these graceful, flowing movements tone muscles, align the body and enhance flexibility while promoting a peaceful mind. In Chinese medicine, T'ai Chi is used as a way to relax the body and allow the chi (vital energy) to flow, thereby promoting wellness. Wear comfortable clothes and flat shoes or socks. No mat required. Class held at LOS ALAMITOS COMMUNITY CENTER, 10911 Oak St.

**Instructor: Suzanne Roady-Ross** 

April 22 - May 20

Course # 10242 Mon 18+yrs 9:00-10:00am

#### YOGA - KUNDALINI

6 Weeks Fee: \$40.00

Explore the ancient science of Kundalini yoga and maintain an ever youthful body, mind and spirit. Kundalini yoga is a complete and integrated science that works directly on the total energy of being. It combines postures, movements, breath, stretching, relaxation, meditation, rhythm and sound current. No experience in yoga necessary. You will experience immediate benefits from the very first class. Wear loose fitting clothing and bring a yoga mat. Class held at the BUENA PARK COMMUNITY CENTER, 6688 Beach Blvd.

Instructor: Guru Joe Jackson

April 17 - May 22

Course # 10357 Wednesday 12+yrs 6:30-7:45pm

REGISTRATION for classes begins March 4, 2019.

Be sure to REGISTER for classes EARLY to help us determine if there is sufficient enrollment to hold a class.

#### **YOGA**

6 Weeks Fee: \$45.00

Yoga is a system of stretching and breathing practices that tie together the mind, body and spirit. Come and experience flexibility, strength and a sense of well being. Wear loose clothing and bring a yoga mat. Classes held at EHLERS EVENT CENTER, 8150 Knott Ave.

**Instructor: Anahata Yoga** 

April 11 - May 16

Course # 10273 Thursday 13+yrs 5:50-6:50pm

# YOGA & MEDITATION FOR STRESS MANAGEMENT

6 Weeks Fee: \$45.00

Rejuvenate the body, calm the mind and de-stress. Learn how to apply these ancient teachings for modern day stress relief. Yoga postures will open up the body, strengthen muscles, increase flexibility & mobility and more. Meditation will help calm the mind so you can reduce stress while increasing energy and joy. Bring a yoga mat and pillows or meditation cushion. No experience necessary. Classes held at BUENA PARK COMMUNITY CENTER, 6688 Beach Blvd.

**Instructor: Anahata Yoga** 

April 16 - May 21

Course # 10272 Tuesday 13+yrs 5:50-6:50pm

#### **ZUMBA WITH TIFFANEY**

6 Weeks Fee: \$44.00

2x per week \$64.00

Do you want to get fit, lose weight and have a blast doing it? Then Zumba® is what you are looking for! Zumba is more like a party than a workout – it is an energetic, fun, and easy to follow way to workout. No partner required. Class held at BUENA PARK COMMUNITY CENTER, 6688 Beach Blvd.

**Instructor: Tiffaney Moreno** 

#### April 15 - May 29 (No class April 24)

 Course # 10231
 Monday
 13+yrs
 5:30-6:30pm

 Course # 10232
 Wednesday
 13+yrs
 5:30-6:30pm

 Course # 10233
 Mon/Wed
 13+yrs
 5:30-6:30pm



### TENNIS





#### TENNIS AT BELLIS PARK!

Priscilla Sook Kim, Tennis Coordinator U.S.P.T.A. Member#24797 Classes held at Bellis Park, 7171 Eighth St. (562) 331-7155 or (562) 331-0716

**Fees:** Pee Wee - \$60 + \$8 supply fee 1 hour - \$74 + \$8 supply fee 1.5 hrs - \$110 + \$10 supply fee 2 hrs - \$146 + \$12 supply fee

Session I: April 15 – June 3

#### **PEE WEE TENNIS**

TEE WEE IE	141419		
Course # 10211 Course # 10212	Monday Saturday	5-7yrs 5-7yrs	5:00-5:45pm 9:00-9:45am
BEGINNER T	'ENNIS		
Course # 10213	Monday	7-14yrs	5:30-6:30pm
Course # 10214	Monday	7-14yrs	5:00-6:30pm
Course # 10215	Saturday	7-14yrs	9:00-10:00am
JUNIOR TEN	NIS I		
Course # 10216	Wednesday	10-16yrs	6:30-8:00pm
INTERMEDI	ATE		
Course # 10217	Monday	8-18yrs	6:30-8:00pm
Course # 10218	Wednesday	8-18yrs	5:30-7:00pm
Course # 10219	Friday	8-18yrs	5:30-7:00pm
Course # 10220	Saturday	8-18yrs	10:00-11:30am
ADVANCED 7	ΓENNIS		
Course # 10221	Saturday	8-18yrs	10:00-12:00pm
HIGH SCHOO	OL EXCELLE	NCE I	
Course # 10222	Thursday	12-18yrs	6:30-8:00pm
HIGH SCHOO	OL EXCELLE	NCE II	
Course # 10223	Saturday	12-18yrs	5:00-7:00pm
JR. RALLYBA	LL & TOURN	JAMENT	4
Course # 10224	Friday	10-18yrs	5:30-7:00pm
<b>ADULT BEGI</b>	NNER TENI	NIS	
Course # 10225	Wednesday	18+yrs	7:00-8:00pm
ADULT INTE	RMEDIATE	TENNIS	5
*Course # 10226	Friday	18+yrs	6:30-7:30pm

#### TENNIS AT BOISERRANC PARK!

Johnny Allen Tennis, www.johnnyallentennis.com Classes held at Boisseranc Park, 7520 Dale St.

#### **JOHNNY ALLEN TENNIS – PEE WEE CLASS**

#### 4 Weeks Fee: \$39.00

This class is your future tennis star's introduction to the exciting world of tennis, sports and overall athleticism. This class features fun games that are perfectly designed to advance your child's hand-eye coordination, balance and love for tennis. Our friendly staff will provide a fun, creative and positive environment for every child involved. Parent participation is strongly encouraged. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call 1-844-9TENNIS (1-844-983-6647). Class held at BOISSERANC PARK TENNIS COURTS.

#### April 12 - May 3

Course # 10137	Friday	3-5yrs	4:45-5:30pm
May 10 – May 31			

Course # 10138 Friday 3-5yrs 4:45-5:30pm

#### JOHNNY ALLEN TENNIS – BEGINNING CLASS

#### 4 Weeks Fee: \$49.00

We believe learning tennis should be fun and exciting. All classes feature the magical fusion of music and tennis. All four major strokes will be taught, the forehand, backhand, serve and volley. Students will be given a solid tennis foundation through tons of innovative and effective drills and games. Once ready, players will be invited to attend the intermediate class. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call 1-844-9TENNIS (1-844-983-6647). Classes held at BOISSERANC PARK TENNIS COURTS.

#### April 12 – May 3

Course # 10139	Friday	6-10yrs	5:30-6:30pm
May 10 – May 31			
Course # 10140	Friday	6-10yrs	5:30-6:30pm

# JOHNNY ALLEN TENNIS – INTERMEDIATE CLASS

4 Weeks Fee: \$79.00

All junior tennis players looking for improvement are welcome to play and find their groove as music is played during every class. All four major strokes will be taught, the forehand, backhand, serve and volley. Players will improve technique, spin, placement, balance and overall movement through Johnny Allen's own specially designed drills and games. We will be focusing on proper technique on all major shots during singles and doubles play, preparing the players for high school tennis tournaments and an overall higher level of play. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call 1-844-9TENNIS (1-844-983-6647). Classes held at BOISSERANC PARK TENNIS COURTS.

April	12 –	May 3
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Course # 10141	Friday	7-17yrs	6:30-8:30pm
May 10 – May 31			
Course # 10142	Friday	7-17vrs	6·30-8·30nm



## Fun For Kids



#### HORSE FUN FOR KIDS

4 Weeks Fee: \$85.00

Get your boots on and come to the barn! Learn how to ride horses! Haltering, groom, saddle, basic horsemanship and safety are introduced! A \$25 material fee is payable to the instructor. All participants are required to wear closed toe shoes and bring a bike helmet. Class held at EL RODEO STABLES, 4449 Carbon Canyon Rd., Brea.

#### **Instructor: Fun with Horses Staff**

April 13 - May 4

Course # 10249 Saturday 7-12yrs 11:00am-12:00pm

May 11 - June 1

Course # 10250 Saturday 7-12yrs 11:00am-12:00pm

#### MAD SCIENCE: ROCKIN' ROCKETS

1 Week Fee: \$160.00

Aerodynamics and Motion are the stars of this fun filled week! Design and build everything from kites to planes to ROCKETS! Experiment with different propulsion systems as you use your new knowledge to blast off, track and recover all kinds of Flying Machinery! Have a rockin' good time at this rocket camp! A \$30 materials fee is due the first day of class. Camp held at CYPRESS COMMUNITY CENTER, 5700 Orange Ave.

**Instructor: Mad Science Staff** 

March 11 - March 15

Course # 10227 Mon-Fri 5-12yrs 9:00am-12:00pm

#### **ART INNOVATORS**

5 Weeks Fee: \$72.00

Students will learn to draw and build their own portfolio with the masterpieces they create each week. We will explore a variety of subjects and media including pastels, paints, professional markers and more! Come build confidence, creative thinking, and problem solving skills by engaging the imagination in a new way. Our projects never repeat. If you can dream, you can draw! There is a \$10 material fee payable to the instructor. Class held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### **Instructor: Art Innovators Instructor**

 March 19 – April 16

 Course # 10266
 Tuesday
 6-11yrs
 3:00-4:00pm

 April 23 – May 21

 Course # 10267
 Tuesday
 6-11yrs
 3:00-4:00pm

#### YOUNG ARTISTS CREATE

5 Weeks Fee: \$72.00

Learn to create art in various media. Every week will be a different subject using either crayons, paint, pastels or colored pencils. "One on one" instruction geared to each individual child's abilities is a huge component of this class. Have fun learning about color, perspective and lighting techniques from a former Disneyland portrait artist and longtime freelance artist! \$5 material fee payable to instructor at the first class. Class held at EHLERS EVENT CENTER, 8150 Knott Ave.

#### **Instructor: Carole Pomerantz**

April 13 - May 11

Course # 10241 Saturday 5-16yrs 11:00am-12:00pm

#### BEGINNER GUITAR FOR OLDER KIDS

8 Weeks Fee: \$110.00

Students will learn the basics of guitar playing, note reading, and theory. Students need to bring their own guitars. A \$25 material fee is due to the instructor on the first day. Classes held at YAMAHA MUSIC SCHOOL, 1210 W. Imperial Hwy. #B, La Habra.

#### Instructor: Yamaha Music School

April 13 - June 1

Course # 10281 Saturday 6-12yrs 10:00-10:45am

#### **BEGINNER GUITAR FOR TEENS**

8 Weeks Fee: \$110.00

Students will learn the basics of guitar playing, note reading and theory. Students need to provide their own guitar. No rentals nor sales available at the school. A \$25 material fee payable to the instructor on the first day. Classes held at YAMAHA MUSIC SCHOOL, 1210 W. Imperial Hwy #B, La Habra.

#### Instructor: Yamaha Music School

April 12 - May 31

Course # 10280 Friday 13-18yrs 4:45-5:30pm

### Fun For Kids



#### BEGINNER KEYBOARD FOR OLDER KIDS

#### 8 Weeks

Fee: \$110.00

Students will learn the basics of piano playing in a group setting. Keyboards are provided in class. However, students must have a piano or keyboard to practice on at home. A \$20 material fee payable to the instructor on the first day. Classes held at YAMAHA MUSIC SCHOOL, 1210 W. Imperial Hwy #B, La Habra.

**Instructor: Yamaha Music School** 

April 12 - May 31

Course # 10278 Friday 9-14yrs 4:00-4:45pm

#### **BEGINNER VIOLIN FOR KIDS**

8 Weeks

Fee: \$110.00

Students will learn basics of violin playing and music theory. Students are required to bring their own violin. Otherwise, rentals are available at the school. Please inquire ahead to check for violin sizes and availability. Classes held at LA HABRA YAMAHA MUSIC SCHOOL, 1210 W. Imperial Hwy #B, La Habra.

**Instructor: Yamaha Music School** 

April 11 - May 30

Course # 10277 Thursday 6-12yrs 6:00-6:45pm

#### BEGINNER VOICE CLASS FOR YOUNG KIDS

8 Weeks

Fee: \$110.00

Students will learn Vocal techniques through the process of performing different genre of songs. The will be emphasis on breathing, posture, stage presence, emotion, and ear-training techniques. A \$25 material fee payable to the instructor on the first day. Classes held at LA HABRA YAMAHA MUSIC SCHOOL, 1210 W. Imperial Hwy #B, La Habra.

Instructor: Yamaha Music School

April 13 – June 1

Course # 10283 Saturday 5-9yrs 10:00-10:45am





#### **BEGINNER DRUMS FOR KIDS**

8 Weeks

Fee: \$110.00

Students will learn stick techniques, counting, body coordination, and ensemble playing in this fun, small group class. Join us for the fun! A \$25 material fee is due to the instructor on the first day. Classes held at YAMAHA MUSIC SCHOOL, 1210 W. Imperial Hwy. #B, La Habra.

**Instructor: Yamaha Music School** 

April 12 - May 31

Course # 10282 Friday

6-12yrs 5:00-5:45pm

#### MATH WORKSHOP FOR 3RD-8TH GRADERS

9 Weeks

Fee: \$119.00

4:30-5:15pm

This is a great refresher course for students who want to brush up on their Math skills. Experience a new approach to math problem solving and hands-on practice for 3rd-8th graders. Whether students need help with homework assistance or want to prepare for a test, AGI is here to help. The program not only helps with individual improvement but will also help your student manage overall success in school. A \$10 supply fee is payable to the instructor. Class held at the BUENA PARK COMMUNITY CENTER, 6688 Beach Blvd.

Instructor: AGI Academy Staff

March 21 - May 16

Course # 10238 Thursday 8-13yrs

REGISTRATION for classes begins March 4, 2019.



# FUN FOR KIDS / SPECIAL INTEREST



#### INTRO TO TYPING, WORD & POWERPOINT

#### 9 Weeks Fee: \$119.00

Develop your basic typing skills and prepare for many years of future usage. This class introduces you to Microsoft Word for writing reports, homework or basic communication. Hands on exercises are provided as well as the opportunity to make a flyer and turn it into an awesome slideshow presentation using Powerpoint. Come sharpen your skills and get a head start in school or at work. A \$10 supply fee is payable to the instructor. Class held at BUENA PARK COMMUNITY Center, 6688 Beach Blvd.

#### **Instructor: AGI Academy Staff**

March 21 – May 16			
Course # 10237	Thursday	8+yrs	5:15-6:00pm

#### **ACRYLIC PAINTING WORKSHOP**

5 Weeks Fee: \$52.00

Explore acrylics – beginning to advanced, photo-realistic to abstract and canvas to decorative painting. Class focus is individual attention as well as technique demonstrations and also art lecture while you paint. Students bring their own supplies. New students must contact the instructor before the first class. Please call the Community Services Department for instructor's phone number. Class held at CYPRESS SENIOR CENTER, 9031 Grindlay St., Cypress.

#### Instructor: Jo Jay

March 27 – April 2	4		
Course # 10202	Wednesday	18+yrs	6:15-9:15pm
May 1 – May 29			
Course # 10203	Wednesday	18+yrs	6:15-9:15pm

#### **RUBBER STAMPING:**

1 Day Fee: \$10.75

This quarter, we will create a group of cute cards using the Pop of Petals stamp set. We will also learn a new card technique and apply several different stamp sets. Washi tape is a fun way to decorate anything and everything. We'll be decorating cards. We will create a card pouch with a variety of cards to fill it and our last class spotlights cards for kids. We will utilize several different stamping techniques and many terrific embellishments and background papers. All supplies, tools and directions will be provided in class. These classes require some stamping and/or art experience. A \$6 material fee is payable to the instructor. Class held at CYPRESS SENIOR CENTER, 9031 Grindlay St., Cypress.

#### **Instructor: Cathy Griesinger**

,			
POP OF PETALS			
March 26			
Course # 10181	Tuesday	18+yrs	6:30-9:00pm
LEVER CARDS			
April 9			
Course # 10182	Tuesday	18+yrs	6:30-9:00pm
WASHI TAPE FOR	CARDS		
April 23			
Course # 10183	Tuesday	18+yrs	6:30-9:00pm
<b>CARD POUCH WIT</b>	H MATCHING	G CARDS	
May 7			
Course # 10184	Tuesday	18+yrs	6:30-9:00pm
FOR THE KIDS			
May 21			
Course # 10185	Tuesday	18+yrs	6:30-9:00pm

#### BEGINNING KEYBOARD FOR ADULTS

8 Weeks Fee: \$110.00

Students will learn the basics of piano playing in a group setting. Keyboards are provided in class. However, students must have a piano or keyboard to practice on at home. \$20 material fee payable to the instructor on the first day. Classes held at YAMAHA MUSIC SCHOOL, 1210 W. Imperial Hwy #B, La Habra.

#### **Instructor: Yamaha Music School**

April 10 – May 29			
Course # 10276	Wednesday	19+yrs	7:00-7:45pm

Be sure to REGISTER for classes EARLY to help us determine if there is sufficient enrollment to hold a class.

### SPECIAL INTEREST



#### **BEGINNER ADULT GUITAR CLASS**

8 Weeks Fee: \$110.00

Students will learn the basics of guitar playing, note reading and music theory. Students need to provide their own guitar. No rentals nor sales available at the school. A \$25 material fee is payable to the instructor on the first day. Classes held at YAMAHA MUSIC SCHOOL. 1210 W. Imperial Hwy #B, La Habra.

**Instructor: Yamaha Music School** 

April 12 - May 31

Course # 10279 Friday 19+yrs 6:30-7:15pm

#### **DOG TRAINING: PUPPY KINDERGARTEN**

6 Weeks Fee: \$88.00

Start your new puppy out on the right paw! Establishing good manners at an early age can make him or her a more enjoyable family member. Puppies ages 2-5 months will be introduced to basic commands and walking on a leash. Also includes socialization with other puppies and discussion on puppy-care topics such as housebreaking, teething problems, nipping and jumping up. Certificates are presented at the last class. Bring vaccination records and \$10 materials/insurance fee (includes training manual) to first meeting, held WITHOUT PUPPIES. Classes held at EL DORADO PARK, 2760 Studebaker Rd., Long Beach..

**Instructor: Dog Services Unlimited Trainer** 

March 30 - May 4

Course # 10324 Saturday 10+yrs 12:00-1:00pm

#### **DOG MANNERS "CRASH COURSE"**

4 Weeks Fee: \$86.00

This fast-paced course can help you accomplish your dog training goals and get behavior problems under control in just four weeks. All breeds of dogs ages five months and older, and handlers ages 10 years to adult may enroll. The course includes basic obedience command (sit and down on command, stay, come, and controlled walking on a leash) and corrections for bad habits (chewing, jumping on people, housebreaking problems, etc.). Dogs attend all meetings. Bring current shot records and \$5 insurance fee to first meeting. Pre-registration is required so that we may brief you prior to first meeting.

#### **Instructor: Dog Services Unlimited Trainer**

March 12 – April 2		(John Marshall Pa	ark, Anaheim)
Course # 10325	Tuesday	10+yrs	6:30-7:45pm
March 30 – April 20		(El Dorado Park, Long Beach)	
Course # 10327	Saturday	10+yrs	1:15-2:30pm
April 4 – April 25		(Laurel Park,	Los Alamitos)
Course # 10326	Thursday	10+yrs	6:00-7:15pm



#### DOG OBEDIENCE TRAINING

7 Weeks Fee: \$98.00

Is your dog well behaved and trustworthy, or do you need help with improving his attitude? All breeds of dogs over 5 months (and larger breeds 4 months) are welcome to join! Commands including heel, sit, stay, come, stand, and down will be covered, plus help with behavior problems such as destructive chewing, jumping up, digging, etc. Trophies and certificates awarded at graduation. Bring vaccination records and \$10 materials/insurance fee (includes training manual) to first meeting, held WITHOUT DOGS. Wednesday classes held at FULLERTON DOWNTOWN PLAZA, 135 E. Wilshire, and Thursday classes held at EL DORADO PARK, 2760 Studebaker Rd., Long Beach.

#### Instructor: Dog Services Unlimited Trainer

March 27 – May 8(Fullerton Downtown Plaza)Course # 10328Wednesday10+yrs7:30-8:30pmApril 25 – June 6(El Dorado Park, Long Beach)Course # 10329Thursday10+yrs7:45-8:45pm

Visit us often at www.BuenaPark.com











### Special Interest

#### DOG – FRISBEE WORKSHOP! CATCH THE FUN!

1 Day Fee: \$28.00

In this one-day workshop, your dog can start learning the fun sport of Toss-N-Fetch from an avid Dog-Disc competitor, David Procida. Includes instruction on proper Frisbee throwing techniques, getting your dog motivated to catch a disc AND bring it back to you, and an introduction to some stunts, including spins and weaving through your legs. Please pre-register and bring vaccination records, your dog (5 months or older), and \$5 materials fee. (includes a Frisbee). Class held at EL DORADO PARK, 2760 Studebaker Rd., Long Beach.

#### **Instructor: Dog Services Unlimited Trainer**

March 31

Course # 9732 Sunday 10+yrs 4:00-5:30pm

# SELF-DEFENSE FOR WOMEN AND TEENAGE GIRLS

1 Day Fee: \$75.00

This fun, exciting workshop provides the skills you need to prevent or escape an assault. Class includes recognizing common attacker tricks, using awareness, assertiveness, and body language to prevent or stop an attack, and easy but powerful fighting techniques. Also includes using ordinary household items as defense tools, and what to do if an attacker has a weapon. Please wear athletic shoes or similar. Class held at BUENA PARK COMMUNITY CENTER, 6688 Beach Blvd.

#### **Instructor: Leslie Bockian**

April 27

Course # 10356 Saturday 15+yrs 12:30-4:30pm

# FRESH FLOWER LEI HAKU (CROWN) WORKSHOP

1 Day Fee: \$35.00

Learn the ancient art of lei making. Leiali'inani will be passed on in this beautiful tradition, teaching from an overflowing collection of local flowers and foliages. All supplies are provided. Space is limited. Class held at the CYPRESS SENIOR CENTER, 9031 Grindlay St.

#### Instructor: Leiali'inani Staff

April 13

Course # 10331 Saturday Open Ages 10:00am-12:00pm





#### HORSE FUN FOR ADULTS

4 Weeks Fee: \$85.00

Let's get into the saddle! Learn how to ride horses! Haltering, groom, saddle, basic horsemanship and safety are introduced! A \$25 material fee is payable to the instructor. All participants are required to wear closed toe shoes and bring a bike helmet. Class held at EL RODEO STABLES, 4449 Carbon Canyon Rd., Brea.

#### **Instructor: Fun with Horses Staff**

April 13 – May 4			
Course # 10251	Saturday	13+yrs	3:00-4:00pm
May 11 – June 1			
Course # 10252	Saturday	13+yrs	3:00-4:00pm

#### **CPR**

1 Day Fee: \$12.00

Learn single rescue CPR for adult, child and infant as well as foreign object removal techniques for airways. A \$20 first aid manual fee is payable to the instructor. If a Healthcare Provider Card is required please call (714) 891-5620 before registering. Class held at the BUENA PARK COMMUNITY CENTER, 6688 Beach Blvd.

#### Instructor: Jack Griswold

April 20			
Course # 10360	Saturday	16+yrs	8:00-10:30am
April 30			
Course # 10361	Tuesday	16+yrs	6:00-8:30pm
May 11			
Course # 10362	Saturday	16+yrs	8:00-10:30am
May 20			
Course # 10363	Monday	16+yrs	6:00-8:30pm

## SPECIAL INTEREST



#### **FIRST AID**

1 Day Fee: \$12.00

Learn to respond to and assess an injury or illness. Topics include vital signs, bleeding, burns, fractures, heat and cold emergencies, strokes, seizures. A \$20 first aid manual fee is payable to the instructor. Class held at the BUENA PARK COMMUNITY CENTER, 6688 Beach Blvd.

#### **Instructor: Jack Griswold**

April 20				
Course # 10364	Saturday	16+yrs	10:30am-12:00pm	
April 30				
Course # 10365	Tuesday	16+yrs	8:30-10:00pm	
May 11				
Course # 10366	Saturday	16+yrs	10:30am-12:00pm	
May 20				
Course # 10367	Monday	16+yrs	8:20-10:00pm	
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#### FREE QUIT SMOKING SEMINAR

FREE 5 Weeks

Are you ready to quit smoking but don't know where to start? Join us for FREE quit smoking classes on coping with triggers, stress management and social support. Sign up and earn free nicotine patches. A minimum of three classes is needed to receive free patches. Sign up through the City of Buena Park or call 1-866-NEW LUNG (639-5864). Classes held at the BUENA PARK COMMUNITY CENTER, 6688 Beach Blvd.

#### **Instructor: Anaheim Regional Medical Care Staff**

	April 17 – May 15								
	Course # 10143	Wednesday	18+yrs	5:30-6:30pm					
May 22 – May 29 (2 weeks)									
	Course # 10144	Wednesday	18+yrs	5:30-6:30pm					





#### ONLINE DRIVER'S EDUCATION

#### Registration is ongoing

Fee: \$39.00

The DMV allows teens to earn their learner's permit at age 151/2 and a license at age 16. This class is the FIRST, Required Step that must be completed. This online course provides videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Receive DMV-approved Certificate of Completion. Sign up any time, registration is ongoing.

#### Ongoing

Online Course # 10263 15.5yrs

### Visit us often at www.BuenaPark.com









Have a hobby or skill you would like to share? Be a class instructor! Call (714) 562-3860 for information.



# BUENA PARK SENIOR ACTIVITY CENTER

### BUENA PARK SENIOR ACTIVITY CENTER

"A Playground for Adults 50+"

#### 8150 Knott Ave.

(Between Crescent Ave. & La Palma Ave.)
Buena Park, CA 90620
(714) 236-3870
www.BuenaPark.com/seniors

#### Hours of Operation: Monday through Friday, 8:00 a.m. – 8:00 p.m.

The Buena Park Senior Activity Center welcomes all individuals 50 years and older to enjoy the many programs and classes we have to offer. Our facility is one of the most active in Orange County.

We invite you to visit our Center with its many amenities including a 30-person computer lab, fitness facility with free weights, treadmills and other exercise equipment. This is your personal invitation to come and join the fun. There are many activities designed to keep your mind and body both fit and healthy. Take a look at our past events or view the latest newsletter at www.BuenaPark.com/seniors.

We want you to join one of our many clubs, participate in one of our great volunteer opportunities and dine with our weekday lunch program. There is something for everyone at the Buena Park Senior Activity Center...the only thing missing is YOU!



#### RIDE THE BUS WITH US!

Come join the Buena Park Senior Activity Center Transportation Program and find out how easy it is to go to doctors appointments, pick up prescriptions or go shopping for groceries.

Call (714) 236-3874 or email seniors@buenapark.com for details. Program sponsored by OCTA, Office on Aging and the City of Buena Park.

# **SERVICES** \*\*Appointments are required

#### **DELICIOUS SENIOR LUNCH PROGRAM**

Lunch begins at 11:45 a.m. Monday through Friday This low cost nutrition program provides healthy meals for seniors. The amount of lunches available each day is limited. Sign-up daily beginning at 9:15 a.m. Suggested donation of \$3.00 for individuals 60 years and older, meal cost for individuals under 60 years old is \$5.00. The lunch program is provided by the non-profit organization Community Senior Serv. Menu available at www.BuenaPark.com/Seniors

#### **MEALS ON WHEELS\*\***

Meals are delivered to home bound individuals who are unable to prepare meals for themselves. This service is available to Buena Park residents for a nominal fee. Call (714) 995-5826 for more information and to register. Looking for Volunteer Drivers!

#### ALZHEIMER'S CAREGIVERS SUPPORT GROUP

3rd Friday of each month, 10:30 a.m. -12:00 p.m. (FREE) You are not alone; caregivers and spouses find information and comfort. Sponsored by Alzheimer's Orange County (844) 435-7259.

#### **CLUTTER SUPPORT GROUP**

3rd Tuesday of the month at 3:00 p.m. (FREE) Do you think you or someone you know needs some assistance? This may be the place for you. Our Social Worker Rosemary Nielsen will discuss what hoarding is as well as offer some tips and tricks to help in this manner.

#### FREE MEDICARE COUNSELING (HICAP)\*\*

2nd Tuesday of the month (FREE). HICAP does not sell insurance and can't ethically recommend one company over another, but can give you the information to help you decide the best company for your needs.

#### SENIOR OUTREACH SERVICES\*\*

This program helps you find assistance with life challenges you may be facing in life. Our Social Worker, Rosemary Nielsen is available in the Outreach Office, Tuesday through Friday.

#### **ADULT DAY CARE\*\***

Monday - Friday, 9:00 a.m. - 4:00 p.m. Being a full time caregiver is not an easy task. Give yourself a much deserved break and let us take care of your loved one. Call (714) 826-3163 for more information. Director: Pat Stewart with Community SeniorServ, a non-profit organization.

#### **SHOPP (NURSING SERVICES)\*\***

The Adult Public Health Nursing Services program has changed to Senior Health Outreach and Prevention Program (SHOPP). If eligible, a nurse will come to your home for health care and/or behavioral needs. To schedule an appointment or for eligibility requirements call (714) 972-3700.

#### **LEGAL AID\*\***

3rd Thursday of the month from 12:00 - 2:00 p.m. (FREE) A paralegal from the Legal Aid Society is available to seniors over 60 years to provide free legal advice and information regarding Social Security, housing, health care, and consumer matters.

# SENIOR CLASSES & PROGRAMS



#### SENIOR TRANSPORTATION PROGRAM

Do you need assistance getting to and from doctor appointments? Senior Transportation and Runabout Program (ST\*R) will drop you off at medical appointments for only \$1 donation each way. Please call **(714) 236-3870** to find out more about this program. Interested Buena Park residents that are 60+ years of age must complete an application to be accepted into this program.

#### SENIOR FITNESS FACILITY

Monday - Friday, 8:00 a.m. - 8:00 p.m.

New users must watch fitness facility video and purchase a \$10 punch card valid for 20 visits. Call **(714) 236-3870** for details

#### **ACTIVITIES & CLUBS**

#### GIFT SHOP AT THE SENIOR ACTIVITY CENTER

Monday - Thursday, 10:00 a.m. - 2:00 p.m.

Great homemade items by talented crafters are arriving every day! Purchase great gifts for family and friends.

#### **TOPS - TAKE OFF POUNDS SENSIBLY**

Monday at 6:30 p.m.

Join this warm and friendly group for guidance and fun while learning how to lose weight and keep it off.

#### COMPUTER LAB & INSTRUCTION (FREE)

Open Monday - Thursday, 9:00 a.m. - 3:00 p.m.

Friday, 9:00 a.m. - 12:00 p.m.

Create your own greeting cards, newsletter, and scan old family photos using a digital camera. Laptop and iPad lessons are taught by patient volunteer instructors.

#### **BINGO FOR GROCERIES**

Monday & Tuesday 1:00 - 3:00 p.m.

Join the fun of bingo. Guest table for new comers and one free card! Winners can choose any item from the prize table. Additional cards only \$ .25 each.

#### **NEEDLEWORK CLUB**

Wednesday, 9:00 - 11:00 a.m. (FREE)

Learn the basics of needlework. Bring your own supplies (Crochet hook, knitting needles, yarn embroidery supplies, etc.) Volunteer Instructor: Carolyn Craig

#### **SENIOR SOCIAL CLUB**

Meets on Tuesday for laughter, friendship, bingo and excursions. Monthly pot luck dinners offer great entertainment. Stop in to sign up for the potluck. For more information call Sandy Shepherd (626) 665-5665.

#### SATURDAY NIGHT DANCE

Meet new friends and dance the night away from 7:00-10:00 p.m. with the cool sounds of Jim Gilman and Associates, Little Big Band, Hepcats or the Fabulous Footnotes! Just \$6.00 per person. Singles are welcome, no partner needed. Call **(714) 236-3870** for exact bands and dates.

#### MONTHLY BIRTHDAY CELEBRATION

Join us so we can celebrate you! We will wish you happy birthday and give you a sweet treat. Call **(714) 236-3870** or view the newsletter at <a href="https://www.BuenaPark.com/seniors">www.BuenaPark.com/seniors</a> for the exact day and time.

#### **CLASSES & ACTIVITIES AT A GLANCE**

\*Offered by North Orange County College District and are FREE

*Beginning Exercise         Mon         9:30 - 11:30am         Free           Beginning Spanish         Mon         9:30 - 12:00pm         Free           *Oil Painting         Mon         9:00am-1:30pm         Free           *Oil Painting         Mon         9:00am-1:30pm         Free           *Balance & Exercise         Mon         11:30 - 2:00pm         Free           *Balance & Exercise         Mon         1:00 - 3:00pm         Free           *Brain Fitness         Mon & 2:30-4:00pm         Free           *China Painting         Tues         3:00 - 5:00pm         Free           *China Painting         Tues         11:30 - 1:30pm         Free           *Gardening Club         2nd Tues         9:00 - 10:30am         Free           *Abderate Exercise         Tues         9:30 - 11:30am         Free           *Bloop Free         Tues         10:01 - 3:00pm         Free           *Boult Tennis         Tues         1:00 - 3:00pm         Free           *Rhythmic Dance         Tues         1:00 - 3:00pm         Free           *Spanish Conversation         Tues         1:00 - 3:00pm         Free           *Ballrom Dance         Tues         1:20 - 3:00pm         Free	CLASS	DAY	TIME	FEE
Beginning Spanish         Mon         9:30 - 11:30am         Free           *Oil Painting         Mon         9:30 - 12:00pm         Free           *Oil Painting         Mon         9:00am-1:30pm         Free           Line Dance         Mon         11:30 - 2:00pm         \$3/session           *Balance & Exercise         Mon         1:00 - 3:00pm         Free           Beginning Hula         Mon         2:30-4:00pm         Free           *Brain Fitness         Mon&Wed         3:00 - 5:00pm         Free           *Brain Fitness         Mon         6:30 - 8:00pm         \$32/year           *China Painting         Tues         11:30 - 1:30pm         Free           Gardening Club         2nd Tues         9:30 - 11:30am         Free           *Moderate Exercise         Tues         9:30 - 11:30am         Free           *Moderate Exercise         Tues         1:00 - 4:00pm         Free           *Box Yoga         Tues         1:00 - 3:00pm         Free           *Box Yoga         Tues         1:00 - 3:00pm         Free           *Brythmic Dance         Tues         1:00 - 3:00pm         Free           *Spanish Conversation         Tues         1:00 - 3:00pm         Free      <	*Beginning Exercise	Mon	9:30 - 11:30am	Free
*Oil Painting         Mon         9:00am-1:30pm         Free           Line Dance         Mon         11:30 - 2:00pm         \$3/session           *Balance & Exercise         Mon         1:00 - 3:00pm         Free           *Beginning Hula         Mon         2:30-4:00pm         Free           *Brain Fitness         Mon&Wed         3:00 - 5:00pm         Free           *T.O.P.S.         Mon         6:30 - 8:00pm         \$32/year           *China Painting         Tues         11:30 - 1:30pm         Free           Gardening Club         2nd Tues         9:00 - 10:30am         Free           *Moderate Exercise         Tues         9:30 - 11:30am         Free           *Bloy Goga         Tues         1:00 - 4:00pm         Free           *Flow Yoga         Tues         1:00 - 3:00pm         Free           *Rhythmic Dance         Tues         1:00 - 3:00pm         Free           *Rhythmic Dance         Tues         1:00 - 3:00pm         Free           *Ballroom Club         2nd Tues         1:00 - 3:00pm         Free           *Quilting Class         Tues         1:2:30 - 4:30pm         Free           *Painting for Adults         Wed         1:00 - 3:00pm         Free <tr< td=""><td></td><td>Mon</td><td>9:30 - 11:30am</td><td>Free</td></tr<>		Mon	9:30 - 11:30am	Free
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	Alzheimer's Support	3rd Fri	10:30 - 12:00pm	Free

Call (714) 236-3870 for exact start and end dates.



# SENIOR CLASSES

#### **CLASSES & ACTIVITIES**

\*Classes offered by North Orange County Community College District.

#### **BEGINNING EXERCISE\***

Monday 9:30 - 11:30 a.m. (FREE)

This continuous class is a great way to start your day and get moving. Many exercises are done in a chair. Come prepared to move. Instructor: To be Announced

#### **MODERATE EXERCISE\***

Tuesday 9:30 - 11:00 a.m. & Thursday 9:30 -11 a.m. (FREE) An excellent beginning exercise class that includes warm-up and stretching. Go at your own pace. Instructor: Kathleen Mastin & Leah Dan Truong

#### **NEW! CHAIR EXERCISE\***

Wednesday 1:00 - 3:00pm (FREE)

This beginning level class will get you moving.

Instructor: Eva Zepeda

#### **EXERCISE & FITNESS\***

Friday 10:30 a.m. - 12:30 p.m. (FREE)

This class is an excellent way to start the day. The class consists of cardio and weights. Bring your own weights to this great class. Instructor: Lisa Feinstein

#### **BOOKS & MORE\***

Friday 10:30 a.m. - 12:30 p.m. (FREE)

Discover this fascinating class of exploring books, films and magazines. Instructor: Donna Johnson

#### CHINA & GLASS PAINTING\*

Tuesday 11:30 a.m. - 1:30 p.m. (FREE)

Learn about this great art form. For info: martabacon@earthlink.net Instructor: Marta Bacon

#### PAINTING FOR ADULTS\*

Wednesday 1:00 p.m. - 3:00 p.m. (FREE)

Join this great class to develop your painting skills and techniques. Instructor: Yelena Hyatt

#### **BALANCE & EXERCISE\***

Monday 1:00 - 3:00 p.m. (FREE)

Falling and the injury from falling is actually the number one cause of traumatic injury/death among seniors. Instructor: Kenny Yu

#### **BALLROOM DANCE CLASS**

#### Continuous Fee: \$5.00/Hour

Enjoy a variety of Ballroom Dance classes at the Buena Park Senior Activity Center. These pay-as-you-go classes are fun and a great way to meet new people. \*Ballroom for beginners.

Instructors: Candis Davis, Veronica Hochede, and Jeremy Pierson Monday, Tuesday 18+yrs Ongoing 6:30-8:30pm Ongoing Wednesday 18+yrs 12:00-3:00pm Ongoing\* Friday 18+yrs 11:00-12:00pm Ongoing Friday 18+yrs 12:00-2:00pm

#### **OIL PAINTING\***

Monday 9:00 a.m. - 12:00 p.m. (FREE)

A multilevel painting class for students with or without experience. Supplies available on site. Instructor: Marta Bacon

#### **QUILTING CLASS\***

Tuesday 12:00 - 4:00 p.m. (FREE)

If you're good with a stitch or would like to learn how to quilt, stop by and pay us a visit. New students are always welcome.

#### RHYTHMIC DANCING TO MUSIC\*

Tuesday 1:00 - 3:00 p.m. (FREE)

Thursday 10:00 a.m. - 12:00 p.m. (FREE)

Let your body feel the beat. Exercise has never been so much fun.

#### **CERAMICS FOR OLDER ADULTS\***

Thursday 9:00 - 11:00 a.m. (FREE)

Beginners Welcome! Instructor: Cathy Reynolds

#### SPANISH CONVERSATION CLUB

Tuesday 1:00 p.m. - 3:00 p.m. (FREE) Volunteer Instructor: Barbara Amsbury

Spanish Club for native speakers and advanced students

#### LINE DANCE CLASS

#### Continuous Fee: \$3.00/Class

This class will get you off your feet and is great for memory and movement. Come try to learn the new step as Marsha patiently shows you how to move our feet to the beat. Instructor: Marsha Roe Beginner Monday 50+yrs 11:30-12:30pm Inter/Advanced Monday 50+yrs 12:30-3:00pm Thursday 50+yrs Beginner 11:00-12:00pm Inter/Advanced Thursday 50+vrs 12:30-3:00pm

#### MATURE DRIVING COURSE \*(FREE)

Call (714)236-3870 or visit www.buenapark.com/seniors for dates.

This free driving class will review the rules of the road and might give you a discount on your auto insurance.

#### KARAOKE THURSDAYS

2nd and 4th Thursday of the month beginning at 4:00 p.m. (FREE) Come and sing your favorite songs for FREE. This is a great group of individuals that enjoy singing and having fun.

#### **DROP-IN TABLE TENNIS FUN**

Tuesday & Thursday 1:00 - 4:00 p.m. (FREE) Adults 50+ Enjoy a rousing game of table tennis and meet some new friends.

#### **GENTLE YOGA & RELAXATION**

#### Tuesday 10:15 -11:15am

This class provides helps energize the body, regulate stress, relax the mind, and develop inner peace. Bring a yoga mat and wear comfortable clothing. Instructor: D. Aithal

Fee: \$5.00/Class

#### **HULA CLASS**

Monday 2:30 - 3:30 Beginners (FREE)

Wednesday 9:00am - 12:00pm Advanced (FREE)

Learn to dance the hula in a comfortable environment. This is more than a dance, it is full body exercise. Volunteer instructor: Pam Sinclair

#### **COLORING FOR ADULTS**

Tuesday 8:30 - 10:30am and Thursday 1:00 - 3:00pm (FREE) We provide the supplies you provide the creativity.

#### **CREATIVE WRITING FOR SENIORS\***

Wednesday, 4:30-6:30pm (FREE)

Learn how to collect your thoughts and create your story. Instructor: Patricia McFall

#### LINE DANCE WITH STUART

8 week sessions Monday & Wednesday

Call (714) 236-3870 or visit www.BuenaPark.com/BPRecOnline for exact dates and times.

For more information please call (714) 562-3860, visit www.BuenaPark.com or register at www.BuenaPark.com/BPRecOnline.

# PARK & FACILITY RENTALS



#### **FACILITY RESERVATIONS**

#### **Banquet Room Reservations & Facility Rentals**

Planning a wedding, quinceanera, birthday party or seminar? Book your next event at the Buena Park Community Center, 6688 Beach Blvd. or the Ehlers Event Center, 8150 Knott Ave. Both locations have the perfect setting for any event. Beer and wine may be served at your event in these facilities (additional fee and security required). Beer & wine are NOT permitted if the event is focused on a guest of honor under 21 years of age. For information about the Buena Park Community Center call (714) 562-3860. For information regarding the Ehlers Event Center call (714) 236-3873.

#### **BUENA PARK COMMUNITY CENTER**

The 27,000 sq. ft. Community Center is designed to host a variety of exciting classes, weddings and special events. Located adjacent to City Hall at 6688 Beach Blvd., the Buena Park Community Center features spacious multi-purpose and activity rooms, a stunning ballroom with a catering kitchen and garden area. Six activity rooms are home to exciting leisure classes including music and dance instruction, visual art workshops and fitness classes to name a few. Along with the activity rooms, the Center also boasts of a 2,700 sq. ft. grand ballroom equipped with a large catering kitchen. The beautiful Mayor's Garden consists of a mission style wooden gazebo and open seating space, ideal for intimate wedding ceremonies and various outdoor gatherings. Call (714) 562-3860 for information.

#### BALLROOM/MULTI-PURPOSE (Capacity 160)

This elegant room can be divided into three smaller rooms but can host up to 160 participants at its fullest capacity. This hall is equipped with a large catering kitchen.

#### MAYOR'S GARDEN (Capacity 60 dining, 110 assembly)

This beautiful outdoor setting has a wooden gazebo and gorgeous water feature ideal for intimate wedding ceremonies and outdoor gatherings.

#### **ORCHID ROOM** (Capacity 49)

Perfect space for birthday parties, meetings and baby showers.

#### **ACTIVITY ROOMS** (Capacity 30)

Three smaller activity rooms are available to rent for meetings and smaller gatherings.



#### EHLERS EVENT CENTER

(formerly Walter D. Ehlers Community Recreation Center)

The Ehlers Event Center features a variety of large rooms perfect for a beautiful wedding reception, elegant fundraising event or special anniversary party. Ehlers Event Center is located at 8150 Knott Ave. Call **(714) 236-3873** for information.

#### THE PLAZA (Capacity 299)

A grand outdoor space that can host your wedding ceremony and reception, birthday party or baby shower. Decorative plants line this cozy oasis. This area is covered with a beautiful canopy that provides shade all year round.

#### **HERITAGE HALL** (Capacity 275)

A beautiful and spacious room with extensive architectural features visible throughout such as large picture windows and beautiful natural wood detailing. An unbelievable platform area for entertainment with a large catering kitchen.

#### LIBERTY HALL (Capacity 200)

Has a beautiful stage and a full kitchen. This is a popular location for weddings, family events and showers.

#### **VETERANS HALL** (Capacity 100)

Located in the front of the Recreation Center, this is a quaint area for intimate family gatherings with a stage and easy access.

#### **CONFERENCE ROOM C** (Capacity 32)

An intimate meeting area set up the way you like it for birthday parties or meetings.

#### PICNIC SHELTER RESERVATIONS

Larwin Park Shelter - \$160/day
Peak Park East Shelter - \$160/day
Peak Park West Shelter - \$135/day
Bellis East or West Shelter - \$160/day
Boisseranc East Shelter or West Shelter - \$135/day
San Marino Park Shelter - \$135/day
Smith-Murphy Park Shelter - \$135/day (No Electricity)

Reservations for the month of June and after will be taken on the first working day in February. All other dates will be taken continuously on a first come, first served basis. Please note that gas generators are not allowed in City Parks. All bounce house companies operating in City Parks must have liability insurance on file with the City. Call the Community Services Department for an updated list of approved bounce house companies or visit <a href="https://www.BuenaPark.com">www.BuenaPark.com</a> for details. All picnic reservations must be completed in person at the Buena Park Community Center, 6688 Beach Blvd. Reservations must be requested and paid for at least 14 days in advance. All fees subject to change. Call (714) 562-3860 for details.

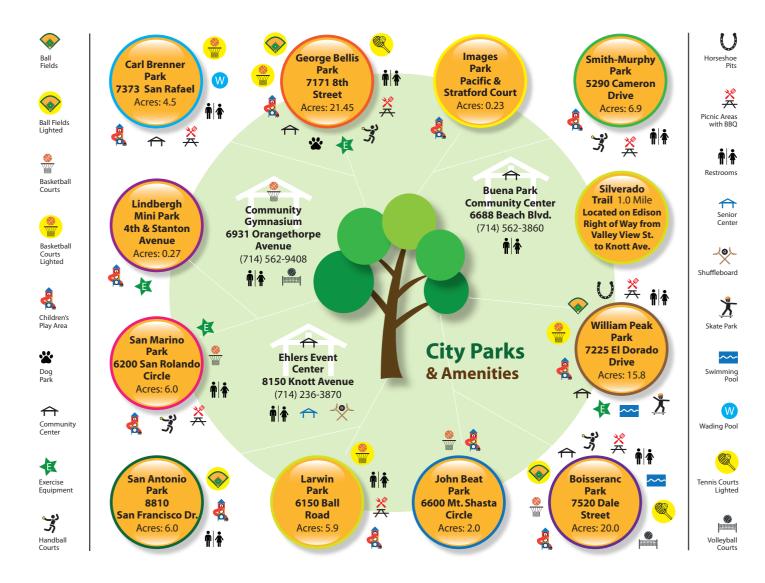
#### ATHLETIC FIELD RESERVATIONS

The City has several athletic fields of varying size available for rent primarily at Bellis Park and Boisseranc Park. The fields have athletic lights and appeal to a variety of sporting activities such as soccer, softball, baseball and more. Fields are generally available to rent during evenings and weekends around fluctuating City programs. Call the Community Services office for field availability and specific rental information. Hourly rates apply.

For more information please call (714) 562-3860, visit www.BuenaPark.com or register at www.BuenaPark.com/BPRecOnline.



# PARK FACILITIES & REGISTRATION INFORMATION



### **ACTIVITY REGISTRATION**

Registration Starts: March 4, 2019

Classes Start the Week of: April 7, 2019

REGISTRATION ENDS ONE WEEK AFTER THE

FIRST DAY OF CLASS.

#### **ONLINE REGISTRATION!**

Register at your own convenience – 24/7!

Visit www.BuenaPark.com/BPRecOnline to log in now!

**WALK-IN REGISTRATION:** Register in-person at our

Buena Park Community Center, 6688 Beach Blvd. (located behind City Hall) or at Ehlers Event Center, 8150 Knott Ave.

CLASS CANCELLATION:



If a class has not met the minimum enrollment, the class may be cancelled so be sure to register early!

**REFUNDS:** We do not issue refunds unless an activity has been cancelled by the Community Services Department. Upon cancellation, a refund will be processed within four weeks.

# CITY NEWS - CONTINUED



### Fourth Annual "Love Buena Park" Event continued from page 5

#### Want to Be Part of the 2019 "Love Buena Park" Team?

1. Submit a Project or Donate: Get ready to impact lives! Please visit www.BuenaPark.com to submit a community project or donate to help make this event possible. Your ideas and donations are always welcome and greatly appreciated.



7:30 - 9 a.m. - Registration at The Source (check-in, FREE t-shirts and refreshments).

9 a.m. - 12:30 p.m. - Participate in assigned service projects.

12:30 - 3 p.m. – Lunch and After Party at The Source (music, free food, kid's zone, and more).

#### How Did "Love Buena Park" Get Started?

Love Buena Park is part of the Love Our Cities movement sweeping America. There are 60-plus partners and collaborating cities, and more than 100,000 volunteers who have contributed to supporting their communities. Buena Park joined the movement so that community members can show how much they care and support our incredible City.







# CITY NEWS - CONTINUED

# Reserve Your Favorite Picnic Shelter Today

### Popular park sites, dates and times book fast!

Have a favorite picnic shelter in mind for your next party?
Follow these easy steps to help ensure your event takes place where and when you want it.

#### 1. Select Your Date:

Picnic shelters located at City parks can be reserved for events taking place from 10 a.m. to 5 p.m., seven days a week. All reservations must be made 14 days in advance.

#### 2. Select Your Park:

(Visit www.BuenaPark.com for park details)

- Boisseranc Park –7520 Dale St.
- William Peak Park 7225 El Dorado Dr.
- George Bellis Park 7171 8th St.
- San Marino Park –6200 San Rolando
- Smith-Murphy Park –
   5290 Cameron Dr.
   (no electricity available)



#### 3. Reserve It!

Please visit the Buena Park Community Center (BPCC) located at 6688 Beach Blvd., Buena Park, to reserve the picnic shelter in person. Rental fees range from \$135 to \$160 for a full day's use and are collected during registration. Cash, check and credit cards are accepted. Reservations are on a first come, first served basis.

Picnic shelter amenities include picnic tables, one or more barbeques, a sink (available at some locations), fully stocked restrooms, and at least 10 amps of electricity for jump houses and other uses. Reserving a picnic shelter with electricity is the only way the City permits jump houses in the parks.

#### **Oops! Forgot to Reserve?**

If a picnic shelter isn't reserved, it's free for public use. Amenities are not guaranteed for drop-in use.

For more information on usage policies, please contact the Buena Park Community Center at (714) 562-3860 or visit www.BuenaPark.com.

# CITY FACILITIES FOR YOUR EVENT













# FACILITIES AVAILABLE FOR YOUR SPECIAL DAY

Weddings :: Celebrations :: Meetings :: Events for all Occasions

BuenaPark.com

{714} 562-3860









# CITY NEWS - CONTINUED

# Buena Park Community Center Facility Rentals

The Buena Park Community Center (BPCC) is an excellent choice for gatherings whether they are big or small, educational or celebratory, low key or high energy. If you are planning a future event, please take a moment to check out the affordable Buena Park venues available for public use.





For fees, policies and reservations, please visit **www.BuenaPark.com** or contact the Community Services Department at **(714) 562-3860**.

Some of the most popular uses include the following:

- Birthday, anniversary, graduation and retirement parties, quinceañeras and Bat Mitzvahs
- Weddings, baby and bridal showers
- Family reunions and Celebration of Life gatherings
- Conferences, educational seminars and fundraisers

Located at 6688 Beach Blvd. (at Pinchot Court, between Stanton and Beach Boulevard), this spacious multipurpose facility offers the following venues:

The **Ballroom** is a spacious setting that holds up to 160 people. It features a large open space, catering kitchen, and outdoor garden area. This venue is popular for weddings, fundraisers, holiday parties, and other large events.

The **Mayor's Garden** features a beautiful outdoor seating area with a fountain and gazebo. This venue can be rented for weddings and other gatherings, in conjunction with, or separate from, the ballroom.



The **Orchid Room** is our main activity room and is perfect for birthday parties, and wedding and baby showers. It has a capacity of up to 55 people.

Our smaller **Activity Rooms** are a great choice for meetings, classes and other group functions. Room capacities range from 15 – 30 people.

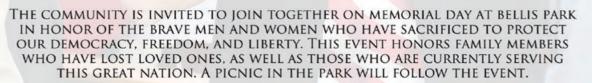
## 38TH ANNUAL MEMORIAL DAY REMEMBRANCE SERVICE

MONDAY, MAY 27, 2019

PANCAKE BREAKFAST 8:00-9:30 A.M. PRESENTED BY SOROPTOMIST CLUB (DONATION REQUESTED)

SERVICE BEGINS AT 10 A.M.

GEORGE BELLIS PARK
7171 8TH STREET, BUENA PARK



THE BUENA PARK MOOSE LODGE 1945 IS PROUD TO BE THE HOST ORGANIZATION FOR THIS COMPASSIONATE EVENT.

FOR MORE INFORMATION, PLEASE CONTACT THE COMMUNITY SERVICES DEPT. AT (714) 562-3860.

## Buena Park Library District

7150 La Palma Avenue Buena Park, CA 90620 www.buenaparklibrary.org

> Phone: (714) 826-4100 Fax: (714) 826-5052

Library Hours:

Monday — Thursday, 10 a.m. 10 8 p.m. Friday — Saturday, 10 a.m. 10 5 p.m. Closed Sundays and Holidays

J.S. Passport Acceptance Service Hours: fues./Wed./ Thurs.. 4 p.m. to 7 p.m. Saturday: 12 p.m. to 4 p.m. Call for an appointment

For more information call (714) 826-4100 or go to www.buenaparklibrary.org.

#### CHILDREN:

**STORYTIME HOURS:** Tuesdays, Thursdays, Saturdays: 11 a.m.; Wednesdays: 11 a.m./6:30 p.m.

Fantabulous Friday: Weekly on Fridays at 3 p.m

Children of all ages are invited to celebrate the end of the week with us. Join us each Friday afternoon for Wii games, board games, a craft, and a fantabulous time.

**TEENS: Teen Tuesday Nights: Weekly at 6:30 p.m.** Teen Tuesday Nights are a chance for teens to meet with friends, play Nintendo Switch, challenge others in card and board games, create a special craft project, or even do their homework.

**ADULTS:** Adult Coloring Club: 1st Thursday of the month at 2 p.m. Adults are invited for an afternoon of relaxation, conversation and creativity. Coloring sheets, colored pencils and markers will be provided.

In Stitches—Knitting, Crocheting & Sewing Club: 2nd Thursday of the month at 2 p.m. Come and enjoy the company and inspiration of other knitters, crocheters and sewing enthusiasts. Bring your own yarn, knitting needles, and crochet hooks, and come join the fun. Newcomers are always welcome.

DIY Thursdays: 3rd Thursday of the month at 2 p.m.

Adults are invited to join us each month to create a craft, learn a new skill, or try something new.

Books Discussion Groups: 4th Thursday of the month. Afternoon Group: 1 p.m. Evening Group: 6:30 p.m. The monthly book selection is different for each group. Call, come by or check the Library's web page for group selections. New members are always welcome.

**E-Books and Downloadable Audiobooks** are now available for free checkout on your electronic reader or mobile device. There are never any late fees. Access a link to the Library's Digital Branch on our website to browse the selection,

**Hoopla** Borrow movies, music, audiobooks, ebooks, comics, and TV shows on your computer, tablet or phone. Stream immediately, or download on your phone or tablet for playback later where wi-fi may not be available. A link to Hoopla can be accessed on our website.

**Download magazines to your computer or tablet** Choose from over 120 magazines. Go to the Library's website at **www.buenaparklibrary.org** and click on the download link for digital magazines (**rb digital**).

**Online Resources** Access from the Library's website to learn a new language, update resumes, study for citizenship exam, and more. **HelpNow** is an online resource that offers homework help for students in Kindergarten through college, including online tutors from from 1:00 p.m. until 10:00 p.m. daily.

Please check the Library's web page at <a href="https://www.buenaparklibrary.org">www.buenaparklibrary.org</a> for exact dates and times of all library events, or call (714) 826-4100 for additional information.





CITY OF BUENA PARK
City Hall
6650 Beach Blvd.
Buena Park, CA 90622-5099

City Hall is open to the public Mondays through alternate Fridays 3/1, 3/15, 3/29, 4/12, 4/26, 5/10 & 5/24/19 7:30 a.m. - 5:30 p.m. (714) 562-3500









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Visit us often at www.BuenaPark.com

