

City of Quincy, Massachusetts
Council on Aging

Thomas P. Koch
Mayor

J.C. Borneo
Chairperson

Michelle Hanly, CPRP
Director

THE KENNEDY CENTER
440 East Squantum Street, Quincy, MA 02171

Quincy Council on Aging Board Meeting Minutes
January 23, 2025

In Attendance: J.C. Borneo, John Molloy, Chris Rooney, Linda Bowes, John Chen, Ken Tarabelli, Frank Sweet, Marli Caslli, Barry Welch, Linda MacPhail, Angela Cristiani, Michelle Hanly, and Marie Ferent.

Meeting Called to Order followed by the Pledge of Allegiance at 10:05 a.m.

I. APPROVE MINUTES OF PREVIOUS MEETING:

Motion made by John Molloy to approve the minutes for the December 5th meeting. Seconded by Barry Welch. Approved unanimously.

II. CORRESPONDENCE:

A. Usual and customary: Monthly correspondence presented.

III. REPORTS FROM DIRECTOR AND COMMISSIONERS:

A. Director of Elder Services: Follow up with regards to the MassDOT grant applications were answered and sent back.

B. Director of Elder Services: The following were thanked for their continued support of the Council on Aging and the wonderful programs at the Kennedy Center: Quincy Police Department for sponsoring and serving at the Christmas Luncheon, the COA staff for the Holiday decorations and the Christmas Luncheon, the Current of South Shore for holding a lunch and learn, Hamel-Lydon for showing the movie Thelma and for sponsoring our monthly bereavement group, and Bob Damon, City of Quincy Historian, for speaking at our Men's Group.

C. Director of Quincy Housing Authority: No update-not present – A discussion was held about requesting a representative attend the meetings in leu of the Director since many meetings have been missed.

D. Director of Public Health: Update-The Quincy Health Department will be holding a mammogram screening on January 30th, there are thirty-five slots available. Beth Israel Deaconess will present Cardiovascular and Aging seminar on February 26th. The Quincy Health Department and the Quincy Lions Club have scheduled the mobile eye exam van to come on March 15th. You

can also drop off old glasses to them. They hope to have the mobile eye exam van three times a year.

- E. Director of Recreation:** Women's fitness will hold a second eight-week class beginning on February 11th. The class will meet twice a week. Planning has started for the Senior Olympics.

IV. UNFINISHED BUSINESS:

A. Kennedy Center

1. **Program Planning, Fees, Contractor Payments, and Refund Policy** – January events included Rock Painting, Card Making, Acrylics, and bracelet making. An Elvis tribute was held on January 8th, which is Elvis' actual birthday, Healthy Snacks and Chats with Jennifer Michelangelo, a Lunar New Year celebration which included a performance by the Guangzhou Association. A Neil Diamond Tribute is planned for January 28th. Singo Bingo will be held on January 31st. On the second Tuesday of the month National Grid had a table in our lobby providing information to Quincy seniors.
2. **Social Media and Marketing** - Ongoing, Quincy Sun, follow us on Facebook, and QATV filming events.
3. **Parking and Outdoor** – No new report.

B. Transportation

1. **Vehicle Update-** All three new vehicles are the road and will be lettered by TPAL when the weather is warmer.
2. **Staff Training and Update-** The part-time dispatcher has started in the Transportation Department. Two of our drivers attended Passenger Assistance Training last week. Other drivers will be scheduled to attend. On snow days when Quincy Public Schools are closed, transportation and classes will not be held, but the building will be open as a warming site. Snow days will be used for staff meetings and training.

- C. Special Event and Day Trips-** The New Year's Eve at Noon trip was successful. The seniors went on the Odyssey and enjoyed lunch and music. This has been a popular trip for the past few years.

- D. Social Service and Outreach-** Thank you to the SHINE counselors for adding extra days and appointments to accommodate all of the seniors during open enrollment. Podiatry appointments are now offered twice a month. A meeting was held with Damion Outar, Quincy Community Liaison, bringing back friendly visits and more senior trips were discussed. Rock painting events were held at the Bauer House and Towne Brook. The Mass Council on Aging is holding a Mental Health Seminar, the Director and Outreach staff are attending.

E. Fore River Clubhouse

1. **Fitness Programs and Social Groups-** Attendance is tracked and entered in the MySenior Center system for all programs at the Fore River Clubhouse. There was a request to have staff present at the clubhouse while events are being held. Flyers will be sent to the Pagnano building to recruit new members.

F. Friends of the Kennedy Center- We would like to thank the Friends Group for running the monthly Bingo game and for sponsoring events in March and April as well. There was a discussion about the role of the Friends Group at the Kennedy Center and possible future sponsored activities, an open house, and a membership drive.

G. Grants- no new business

H. Other Old Business- no new updates

V. NEW BUSINESS – Angela Cristiani, was introduced as a new Council on Aging Board Member. Ms. Cristiani was appointed to complete the term of her late mother, who was a revered Board Member, Mrs. Jean Cristiani. In February, a Johnny Cash Tribute on the 26th and a Live Game Show event on the 21st are planned to take place at the Kennedy Center. A new program has been scheduled with E & T Ceramics, there will be two classes offered each month with transportation provided from the Center. John Keenan will have Office hours on February 21st at 1:00 p.m. Groups of seniors from the Moorings and the Fenno House will be taken to Market Basket one day a month beginning in February. A trip to the Quincy 300 Museum followed by lunch at the Quincy High School President’s Café is planned for February 26th utilizing the new 28 passenger bus. It was suggested that filming different events at the Kennedy Center and the new vans would be good for marketing. A discussion followed.

VI. EXECUTIVE SESSION IF NECESSARY. SET MEETING DATE AND AJOURN.

The next COA Board Meeting will be held on February 27, 2025 at 10:00am.

Motion made by J.C. Borneo, to adjourn the meeting. Seconded by John Molloy. Approved unanimously.

Meeting adjourned at 11:00 a.m.